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SANIBEL & CAPTIVA ISLANDS, FLORIDA

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Renovations Almost Complete At The Community House



Teresa Riska-Hall, center, executive director of the Sanibel Community Association, gives a sneak preview tour of the renovations under way at The Community House to members of the Sanibel-Captiva Shell Club
photos by Jeff Lysiak



Crews working at the rear of The Community House property

by Jeff Lysiak

It's beginning to look a lot like Christmas. And, at The Community House – which has been undergoing a massive \$3 million reconstruction, restoration, renovation and expansion project since May – things are starting to look good, just in time for the holidays.

Last week, Sanibel Community Association Executive Director Teresa Riska-Hall visited the site to check on the progress of the construction work.

"I can finally see the light at the end of the tunnel," she said.

On Friday morning, Riska-Hall completed another walk-through of the facility. Although some of the building's infrastructure – including plumbing fixtures and major appliances – remains to be installed, the major construction of the building is nearly complete.

According to project managers, renovations to the nearly 90-year-old structure includes:

- Restoration of the historic North Room
- Adding a fresh, attractive exterior design befitting "Old Florida" including a new



From left, Clair Beckmann, Donald Dan, Teresa Riska-Hall and Mary Burton

roof and porch style entryway/drop-off area

- Redesigning the building's interior space for a more open, flexible floor plan
- Redesigning the existing kitchen and restrooms to be larger, with modern fixtures and equipment

- Adding a new conference room for smaller meetings
- Redesigning office space and storage areas for more flexibility
- Updating audio, video, Internet, electrical, plumbing and HVAC systems to efficient and effective modern standards

- Revamping the parking lot to add space and fit with new landscaping

Benchmark Construction is the general contractor for the project and architect Amy Nowacki completed the renovation designs.

On December 9, Riska-Hall walked from the newly expanded kitchen space, through the lobby and into the North Room. At both sides of the space, twin fireplaces will be decorated with mantles constructed of repurposed wood from the room's original floor, each adorned by a large Sailor's Valentine.

The North Room will be separated from the new lobby area with large, accordion-style dividers.

Adjacent to the building's new offices, restrooms and meeting space is a hallway containing four storage closets, each dedicated to clubs who frequently use The

continued on page 3

Santa Run

For someone wishing for Santa to deliver a present to anybody young or old, here's the deal:

- Presents must be taken to the main fire station at 2351 Palm Ridge Road no later than 5 p.m. on Friday, December 23.
- Place gift in bag with instructions attached.

- For persons living in condominiums, please give detailed instructions, preferably a map.

Delivery begins December 23 at 5:30 p.m.

Have your cameras ready. Santa has lots of presents to deliver.

This is sponsored by the Sanibel-Captiva Kiwanis Club.

Any questions, call Dick Muench at 472-2812.*



Jolly ol' St. Nick will have plenty of stops to make around the islands
file photo



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Community Carol Sing At Chapel By The Sea



Captiva Island's Chapel By The Sea decked out with holiday lights
photo courtesy Chapel by the Sea

The historic Captiva Chapel by the Sea, located at 11580 Chapin Lane, will hold its annual Community Carol Sing on Sunday, December 18 beginning at 6 p.m. The program will include many seasonal favorites such as *The Little Drummer Boy*, *Peace On Earth*, *Deck the Halls*, *Silver Bells* and *O Holy Night*. Soloist Debi Almeida will sing *Lord When You Came* and will include vocals by Pat Boris, Char Gulbrandsen, John Pryor, Amy Nowacki, Susan Andrews and Johnny Jensen on the drums. Keyboard and organ by Lynne Dugan and Rev. John Cedarleaf, presiding. All are welcome to attend.✴

Bailey's Christmas Ornament Now On Sale



New Bailey's 2016 Christmas ornament
photo courtesy Bailey's General Store

In 2016, Bailey's General Store introduces the eighth in the series of limited edition collector ornaments. Keeping with tradition, this year's ornament is an icon well known to island residents and visitors alike. This year Bailey's is releasing a depiction of the Bull Nose Brand four-wheeled blue and black shopping cart. Almost all Bailey's customers will use this cart at some time

during shopping trips to Bailey's. As the third generation of the family, Richard and Mary Mead Bailey Johnson began implementing changes within the store. One of their objectives has been to become more environmentally friendly within the community. The introduction of this innovative new shopping cart in 2008 was a step toward the reduction of the carbon footprint on the sanctuary island. Unlike prior shopping carts, which were made of metal and subject to rust and corrosion, the current cart is made of recycled plastic, making it environmentally friendly, lighter, easier to manipulate and weather resistant, thus extending the usable life of the cart. In 2016, the fleet of carts was upgraded with useful accessories. Cup holders were introduced, allowing guests to enjoy a beverage from The Coffee Bar at Bailey's or the Coke Free-Style machine while they shop. Each ornament is made of 24k gold on brass and comes in a presentation folder showing the Bailey's logo on the front. The folder contains a certificate indicating the limited edition ornament number and giving a brief description of the particular significance of the design. The ornaments, certificates and folders are produced by The Charleston Mint of Brevard, North Carolina. The ornaments are available for sale exclusively at Bailey's stores or online at www.baileys-sanibel.com.✴

From page 1

Community House

Community House.

In the auditorium, a fire suppression system has been installed. The stage will have an ADA-compliant wheelchair access along with a state-of-the-art A/V and curtain system.

While many members of the Sanibel-Captiva Shell Club – which will conduct its 80th annual Sanibel Shell Festival at the site in March – had heard about the progress of The Community House's renovations second hand, Riska-Hall offered the group a personal tour of the building last week.

"It's beautiful," said Joyce Matthys, past president of the club. "Everything looks so wonderful. I think the new Community House is going to be a real jewel in this community."

Mary Burton, the club and festival chairperson, was hoping to get a better idea of how the upcoming shell show's layout was going to look in the refurbished facility.

"For us, one of the critical areas (for the festival) is the available wall space. But what we lost in wall space has been made up with all the additional floor space," she said. "The flow going in and out of the building is going to be much better, and the larger kitchen is going to allow us to feed more people at one time. Having our 80th anniversary show in the new building is going to be phenomenal!"

Riska-Hall hopes to acquire a temporary certificate of occupancy before the end of the month. If that happens, she hopes to begin moving in equipment in early January.

"I'm ready for all of this (construction) to be over," she joked. "The amount of time that went into planning everything, from the permits to the technical details, has been incredible."

And, of course, well worth it.

Groups and organizations interested in booking events and activities at The Community House should call Teresa Riska-Hall at 472-2155 or send an email to teresa@sanibelcommunityhouse.net. ✨



Construction workers putting the finishing touches on the floor of the main auditorium
photos by Jeff Lysiak



Crews from Soon Come Landscaping relocated a tabebuia tree to a spot near the front of the property



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Volunteer Donates Rug To Historical Village



Barbara Broadhurst, left, poses with her hand-hooked rug, along with museum director Emilie Alfino and president Alan Lessack photo courtesy SHV

Sanibel Historical Village (SHV) volunteer Barbara Broadhurst recently donated a hand-hooked rug to the village for display. The approximately 4-foot-6-inches by seven-foot rug represents approximately 500 hours of labor and more than \$1,000 in material. It depicts the village's buildings with complete accuracy, with the buildings' names hooked in the border.

Broadhurst started hooking rugs in 1998 after seeing a demonstration at the Maryland State Fair. She started hooking patterns that had already been created.

"Design, color choices, and methods of hooking each rug were part of the learning process," she explained.

Soon after, Broadhurst started creating her own patterns, which is how she made the rug for the village.

"I like to hook things that are appropriate to Florida: birds, fish, animals, scenes of Florida," she said. "I have done a Sanibel map rug, and another depicting a Sanibel/Captiva postcard. I did one I call my Ding Darling rug because it has lots of birds."

Broadhurst has made rugs or pillows for all her children and grandchildren.

The method Broadhurst uses now requires an artistic ability to draw. She works from pictures to determine the size. "It isn't easy, but I love it. It's something I can do when I sit and watch television," Broadhurst said. She said this past summer was a good time to do the village rug, as she was recuperating from knee surgery.

The village rug was on Broadhurst's mind for a couple of years; she has been a docent since 2009. "I just hadn't quite figured out how to do it," she said. "When I knew I was going to be incapacitated, I thought it was time to get started."

Broadhurst collected each photograph from gift cards in the museum store and then took more photographs from different angles. She first drew each house onto brown paper to get the dimensions the way she wanted them. "Then I actually cut them out and pinned them to the linen backing in the order I wanted. After that, I drew them again by hand onto the linen using a marker. It progressed from there," Broadhurst explained.

Broadhurst hooks only with wool yardage, and a lot of it is recycled wool from wool clothing found at dress stores, for example. Some of the wool is just off the bolt and then dyed.

The rug is hanging in the video room in Shore Haven, where it is also a teaching tool, with trainers and tour guides using it to illustrate the different buildings. Broadhurst said once she makes a project for someone, she is happy to give it away.

"We are thrilled and proud to have this work of art on display," said Emilie Alfino, museum executive director. "It is beautiful and unique and an example of someone's love for the village."

Meanwhile, Broadhurst is getting ready to do a pillow of her daughter's new puppy.

The Sanibel Historical Museum and Village is open from 10 a.m. to 4 p.m. Tuesday through Saturday. It is located at 950 Dunlop Road (next to BIG ARTS). Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings except one. For information, call 472-4648 during business hours or visit www.sanibelmuseum.org.



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Church Offers Vespers Service

Sanibel Congregational United Church of Christ invites the public to the annual Shadows and Hope of Christmas Service, followed by dessert, on Sunday, December 18 at 3 p.m.

Christmas is "the most wonderful time of the year," but for many it can also accentuate the sense of loss and isolation, as well as trigger new feelings of grief. People who are dealing with loss of a loved one, loss of health, depression or being away from long-time friends and family may feel as if there is shadow over the holiday season.

This candlelight vespers service is offered so those who find themselves dealing with these or similar situations can gather to give support and offer hope.

The church is located at 2050 Periwinkle Way, across the street from the Periwinkle Place. For more information, call 472-0497.✽



Gretta Livermon

photo courtesy SCC

Glitter Ornaments

Gretta Livermon loves making ornaments during her center time at Summit Christian Preschool at Sanibel Community Church.✽

Holding On Tight



Savanna Jarrett

photo courtesy SCC

Savanna Jarrett, who played Mary for LOGOS this year, hugs her baby Jesus during Luminary Night at Sanibel Community Church.✽



Chloe Selby and Kelyse Schafer

photo courtesy SCC

Match Games

Chloe Selby and Kelyse Schafer of Summit Christian Preschool at Sanibel Community Church enjoy a matching game during their free play.

The preschool encourages social skills and learning through playing games, where kids have to take turns and share, learning to be good sports.✽

Lighthouse Beach Holding Outdoor Service

On Christmas Eve, the Sanibel Congregational United Church of Christ will offer both the annual outdoor service at Lighthouse Beach at 5 p.m. and a Candlelight Service in the church's sanctuary at 9 p.m. On Christmas Day at 9 a.m. in the sanctuary, there will

be a service of Lessons and Carols with special music. Then on January 1, Bell Sunday, the church resumes a normal schedule of three services each Sunday.

The Lighthouse Beach service on Christmas Eve will feature candle lighting, carol singing and more, led by the church's senior pastor, the Rev. Dr. John H. Danner. The offering taken during the service will benefit FISH and The Salvation Army.

The 9 p.m. Candlelight Service in the church sanctuary on December 24 will feature special music, a 12-foot decorated

Christmas tree and indoor poinsettias, as well as festive lights and greenery outdoors.

Bell Sunday, a tradition, will be on New Year's Day this year. The church will offer its usual 7:45 a.m. chapel service and full services at 9 and 11 a.m. All who attend are invited to bring bells to ring at specified times during the service. Loaner bells will be available.

All services are open to the public. The church is located at 2050 Periwinkle Way. For more information, call 472-0497 or visit www.sanibelucc.org.✽

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LOGOS Back To Bethlehem Night



The courtyard outside of Bethlehem was beautifully lit as the LOGOS families traveled to pay their taxes

All the families were invited to dinner with the LOGOS kids on November 30 at Sanibel Community Church, located at 1740 Periwinkle Way. After dinner, the Romans called for families to register in the ancient city of Bethlehem. Families had to pay taxes to the Roman guards, visited the baker's shop and the pottery shop, encountered street beggars, talked with the innkeeper and ended up in the stable where they saw a newborn babe. It was a wonderful night of family celebration.*



The Martinez family, Mia, and the Tison family, Marianna and Paul, finish their dinner of lentil soup, hearty bread and chicken nuggets while waiting to be called for the census in Bethlehem

Free Movie Night At Community Church

Join your friends and neighbors at Sanibel Community Church on Sunday, December 18 to view Frank Capra's Christmas classic, *It's A Wonderful Life*. George Bailey has big dreams, but life's struggles bring him to a breaking point. A friendly angel named Clarence helps George to see the light, and in the end, he embraces the wonderful life he almost threw away.

Come treat yourself to a free hot dog and soft drink (served at 4:30 p.m.), then sit back and enjoy this inspiring movie. A love offering will be received for Lifeline

Family Center, Inc. Please join us for worship services this Sunday at 8, 9 and 11 a.m. Sanibel Community Church is an evangelical, non-denominational church, located at 1740 Periwinkle Way (next to Jerry's Market). For more information, visit www.sanibelchurch.com or call 472-2684.*



Christmas Eve At Sanibel Church

On Saturday, December 24, Sanibel Community Church will provide three opportunities to celebrate Christmas Eve. At 4 p.m., there will be a contemporary worship service, with traditional carols featuring a contemporary flare. The service includes a Kid's Moment as well as a visit from the Shepherds with their sheep.

At 6 p.m., a second contemporary service will be held. Then, at 8 p.m., the evening concludes with a traditional Christmas Eve service with a full choir. The Shepherds will make their final visit of the evening with the flock.

A special offering will be received at all three services for local neighbors in need. Each service will conclude with a candle lighting while singing *Silent Night*.

The church is an evangelical, non-denominational congregation, located at 1740 Periwinkle Way. For more information, call 472-2684 or visit www.sanibelchurch.com.*

I

SANIBEL

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This bumper sticker has a green color to emphasize that almost 70% of Sanibel is in conservation land and a whimsical heart to signify our island lifestyle. The peel off back has information about Sanibel that you may not know.

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ANNIVERSARY

To My Dear Michele



Our service on the beach at Sanibel Moorings

photo provided

December 12th marked our first year anniversary, on this beautiful day on the beaches of Sanibel, we took our vows hand-in-hand. We tied the knot, literally. Words can't express to joy you give me and I'm so happy to have you as my partner in life. I love you honey, and look forward to all the wonderful years ahead. Love, Whitey.✱

Residents Remembered At Temple Bat Yam

Bat Yam Temple of the Islands has scheduled a special congregational Memorial Service for Thursday, December 29 at 10:30 a.m. This service will take place in the Sanctuary of the Sanibel Congregational United Church of Christ, Bat Yam's worship home, at 2050 Periwinkle Way.

The seasonal nature of the Bat Yam congregation means that, as a religious group, the opportunity is often missed to say a formal, Jewish good-bye to departed members. The members' funerals often take place elsewhere, usually up North, or, if burial is local, it is at a time when much of the congregation is not in Southwest Florida. The Yom Kippur "Yizkor" service is a major moment in the Jewish calendar to remember those who have died but most of the congregation is

worshipping elsewhere that time of year.

This special service will memorialize those Bat Yam members who died in 2016, particularly remembering their place in and contributions to the congregation and to Sanibel, Captiva and Fort Myers.

Those lost in 2016 are listed by date of death. They are Marge (and Herb) Kallman in February, formerly from Fort Myers and New York; Hal (and June) Patinkin in June, formerly from Sanibel and Illinois; Marilyn (Lynn) Zheutlin in June, formerly from Sanibel and Michigan; Shirley (and Mel) Bleiberg in July, formerly from Sanibel, Shell Point and Pennsylvania; and David (and Maria) Crown in December, formerly from Sanibel and Washington, DC.

Because these individuals were long-time area residents and were known to many, both Jewish and non-Jewish, those friends and neighbors from the Sanibel, Captiva and Fort Myers communities are welcome to join with Bat Yam congregants at this special remembrance gathering.✱

American Legion Post 123

On Sunday, December 18, American Legion Post 123 will be offering a fish fry from 1 to 8 p.m.

On Sunday, December 25, a Christmas ham dinner will be offered from 1 to 8 p.m.

Every Monday is an 8-ball pool league at 5 p.m. Stop in and watch some good shooting. On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on

Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The Ladies Auxiliary has shell ornaments available, great for holiday gifts.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome.

For more information, call 472-9979.✱

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T-shirts front and back designs

photo courtesy Sanibel Gear

Local Business Designs Shirt Supporting Sanibel Police

The residents of Sanibel have been recognizing the professionalism of the officers involved in the recent shooting on Sanibel, and “we are joining in supporting them,” said Peter Savage, who manages the Sanibel Gear store on the east end. “Sanibel Gear has designed a shirt to participate in supporting our local law enforcement, and is donating the profit from the shirts to the local police union, Fraternal Order of Police (FOP), Lodge 33,” he added.

Not only does the sale of the shirts benefit the officers’ union, it gives the community an ongoing opportunity to show their support for Sanibel’s police officers.

Savage is an active police officer in New York, who continues to work part time there when not living and working on Sanibel.

The project is a cooperative effort of the FOP, Sanibel Gear and a number of island businesses, and is being assisted by the Sanibel & Captiva Islands Chamber of Commerce.

Shirts are a sun-protective 40 UPF, feature the protection and support theme and are made in the U.S. The shirts will be on sale at local businesses for \$29.50.

At around 8 p.m. on November 20, Officer Jarred Ciccone was shot by a passing motorist while conducting a traffic stop on Periwinkle Way. Officer Ciccone was taken to a local hospital where the gunshot wound to his shoulder was treated. The person who shot the officer was arrested following a shootout with police near his home. Two other Sanibel police officers were also involved in the incident.

“We’re very proud to be a part of this program and to donate proceeds to our local police union on a community-based level,” said Savage. “In addition to the lasting support, it’s very comforting for our officers to know the value placed on their dedicated service to our community in such a special way.”

An initial order of shirts is now available for Christmas. For more information, call 339-7156.✧

Commissioners OK Gift Shop Expansion

by Jeff Lysiak

During Tuesday’s meeting of the Sanibel Planning Commission, a conditional use permit was granted for the expansion of a business located in the Periwinkle Place Shopping Center while also allowing the retailer to continue to prepare and process a number of food items on-site.

Sand Castle Gifts and Gourmet, which will occupy units 20 and 21 of the shopping center located at 2017 Periwinkle Way, sought to expand its business to a total of 1,920 square feet.

“The applicant proposes to combine two existing commercial retail units at Periwinkle Place Shopping Center to expand a gift and gourmet shop that includes the on-site preparation or processing of food and/or beverages,” said Roy Gibson, senior planner for the City of Sanibel in presenting the staff report to the commission. “No site improvements, indoor seating, increase in commercial floor area, impermeable coverage or developed area is proposed.”

Gibson noted that the business was required to obtain a conditional use permit to allow for the on-site food preparation and processing. Previous ownership did not obtain those necessary permits.

According to business owner David Kempkers, Sand Castle Gifts and Gourmet – which he purchased in 2011 – has prepared fine cheeses, homemade crab dip, Key lime pies and fresh brewed coffees for many years. “The main reason that we’re expanding is to make the shopping experience more pleasurable,” he said. “We’re not looking to make ourselves a restaurant.”

As part of the planned expansion, approximately 20 feet of a wall located between the two units will be removed, allowing customers more room for movement within the retail shop.

Following a brief discussion, commissioner Chuck Kettelman made a motion to approve the application, which was seconded by chairman Dr. Phillip Marks. Commissioners voted 7 to 0 in favor of granting the permit.

In other matters before the commission on Tuesday:

- A variance was granted that will allow for the construction of a second floor dormer addition to a single-family residence – located at 970 Victoria Way – to penetrate the primary and secondary angle of light height restriction. Commissioners voted unanimously for approval.

- A conditional use permit application (continued from a public hearing in March) to allow for the installation of a second boat lift to encroach within the minimum setback required from the waterward extension of the side property line – located at 1824 Woodring Road – was approved, with commissioners voting 6 to 0 in favor of the application. Vice chair Chris Heidrick abstained from the vote.

- A development permit to allow for an elevated accessory swimming pool and deck to be constructed greater than seven feet above predevelopment grade in conjunction with the proposed development of a new single-family residence – located at 1800 Woodring Raod – was granted, along with a variance request to allow for the deck of the elevated pool to be higher than two feet above the minimum required base flood elevation. Commissioners voted 5 to 0 in favor of the application, with Heidrick and commissioner Jason Maughan abstaining from the vote.

- A resolution formally denying the application for a conditional use permit made by owners seeking to establish a low-speed golf cart rental business – located at 2427 Periwinkle Way – was approved. Commissioners voted 5 to 1 in favor of passing the resolution, with commissioner Tom Krekel voting against and Heidrick abstaining.✧

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Salt Water Sportsman National Seminar Series Opens In Fort Myers



George Poveromo, pictured with a large dolphin (mahi), will headline the Fort Myers event
photo courtesy Salt Water Sportsman National Seminar Series

The Salt Water Sportsman National Seminar Series will open its 30-year anniversary Tour at Florida Gulf Coast University's Cohen Center, located at 10501 FGCU Boulevard South in Fort Myers on Saturday, January 7. The host of the 9 a.m. to 3 p.m. presentation will be George Poveromo of *George Poveromo's World of Saltwater Fishing* on the NBC Sports Network, and contributing editor for *Salt Water Sportsman*. Dr. Ray Waldner, a prominent light tackle inshore fishing expert and noted fisheries biologist, will serve as co-host. The tour is being presented by Bass Pro Shops.

Joining Poveromo and Waldner in Fort Myers will be:

- Capt. Jesse Baughman, noted authority on bottom- and wreck fishing off Southwest Florida, and specialist at catching redfish, snook and tarpon within its inshore waters
- Capt. Ozzie Fischer, legendary Captiva native who excels at catching trophy snook and fishing the wrecks and offshore waters off Southwest Florida, with Bay Fischer Charters
- Capt. Rob Modys, noted Fort Myers inshore pro and Southwest Florida radio

personality

- Capt. Jon Fetter, distinguished Southwest Florida tarpon, snook, redfish and shark guide with Catching the Cure Backcountry Fishing Charters
- Capt. Kevin Bellington, veteran Marco Island-based wreck and bottom-fishing authority with Sea Gone Fishing charters
- Capt. Mike Goodwine, renowned West Central Florida-based guide who specializes in catching trophy redfish and snook with Blackneck Adventures Fishing Charters
- Capt. Steve Brownlee, innovative West Central Florida-based authority on catching trophy class tripletail, cobia and redfish with Fish Hawk Fishing Charters
- Capt. Jimmy Price, legendary Southport, North Carolina-based authority on catching trophy flounder and sea trout
- "Crazy" Alberto Knie, fabled and primarily land-based fishing authority who excels at catching trophy snook, redfish, tarpon and flounder off the Southwest and East Central Florida coasts
- Capt. Vic Vazquez, noted Naples-based authority on fishing the local wrecks and bottom structures for trophy cobia, permit, groupers and snappers with Fishybizness Charters
- Capt. David Wicker, king mackerel tournament pro who also excels at near shore bottom fishing and marine electronics

Courses will focus on fishing the beaches, inlets and docks for redfish, snook and tarpon; new pass tactics for bigger snook; live-chumming for snook; sea trout by the numbers; no nonsense gator trout tactics; big trout on top water plugs; taking redfish in the creeks; chunking for giant redfish; North Carolina flounder tactics that will catch more and larger Southwest Florida flounder; tricks that take more and larger tripletail; buoy and structure fishing for tripletail; light-tackle fishing for Spanish and king mackerel; kite fishing for monster kingfish, cobia and blackfin tuna; secrets of sight fishing for cobia; how to make stubborn cobia eat; South Florida tarpon tactics for Southwest Florida tarpon; catching more and bigger groupers and snappers; live-baiting for bottom fish; hard bottom and wreck fishing strategies; how to read and fish the local offshore waters (locating spin offs from the loop current, thermal breaks, warm water fingers and structure for wahoo, dolphin, tuna and billfish); the most effective offshore trolling spreads and strategies for catching more and bigger fish off Southwest Florida; and how to target and catch blackfin tuna.

A series ticket is \$55. The ticket price covers five hours of instruction from the best pros in the business, a new 30th anniversary course textbook, a one-year subscription or extension to *Salt Water Sportsman* magazine, one Roffer's Ocean Fishing Forecast analysis, bottle of OrPine Wash & Wax, bottle of Startron fuel treatment, bottle of Star Brite Xtreme Clean, bottle of Corrosion Block, a \$10 Bass Pro Shops discount card (off any purchase of \$75 or more) and chances to win thousands of dollars worth of door prizes. The grand prize is a Florida Keys fishing trip. The super grand prize is a new Mako Pro Skiff 17cc boat.

Attendees can attend the After Seminar Party at the Bass Pro Shops in Fort Myers. A special area will be set aside for the 5 to 9 p.m. party. Attendees must show their seminar series name badge to gain entry and are entitled to bring one additional guest regardless if they attended the seminar. Complimentary food, refreshments and live music will be provided. George Poveromo and several other faculty members will be present at the party.

For tickets paid with Visa, MasterCard and American Express cards, call 800-448-7360, or to register online, visit www.nationalseminarseries.com.

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The World Of Water Media



Casa Blanca Lily by Carol Good
images courtesy SCAL



Mostly Blue by Anne Kittel

The world of water media is the overall theme of the Sanibel Captiva Art League's (SCAL) December invitational show at the Sanibel Library. It features paintings by Carol Good, Anne Kittel and Kathleen Taylor. The exhibit was organized by Ann Bischoff and Rita McLain, and hung by Judy Clark, Anita Force Marshall and Jim Storer. The library is located at 770 Dunlop Road.

The three, award-winning artists demonstrate contrasting expressions of watercolor and mixed media art. Good began painting in watercolor 27 years ago. Painting for her is the "magic of light and color," clearly visible in her vibrant paintings of birds and flowers. Her mixed media art pulls the viewer in to closely look at her technique.



Low Tide by Kathleen Taylor

Anne Kittel, who studied fashion design and illustration, and has painted exclusively in watercolor for many years, has a contrasting approach. Her paintings, reflecting her artistic background, are examples of creative design and compositional possibilities with the interplay of color.

Kathy Taylor, past president of Sanibel Captiva Art League, has also been painting for many years. In her work, the freshness and spontaneity of plein air watercolor shines forth. Her work features a gentle blending of colors and transparency, leading to a feeling of tranquility. In this exhibit, all her paintings were created during a September holiday at Acadia National Park in Maine. The paintings will be on exhibit throughout the month of December.

Sanibel Captiva Art League holds monthly educational meetings to which all are invited. Visitors are welcome to join league members at weekly paint outs on Thursday mornings. For more information, visit www.sancapart.com.✧

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Cruise To Picnic Island For Pictures With Santa



Santa will have gifts for children cruising to Picnic Island

photo courtesy Adventures in Paradise, Inc.

Adventures In Paradise will offer Santa's Dolphin & Wildlife Cruise on Christmas Eve. Bring the family and hop aboard *Dolphin Waters*, a 45-foot Corinthian Power Catamaran, and cruise among the dolphins to visit with Santa, where he'll be waiting on Picnic Island with gifts for all the kids. Along the way sightsee and learn about mangrove islands and estuaries where Calusa Indians once lived.

The cruise departs at 10 a.m. on Saturday, December 24 and returns at 11:30 a.m. Tickets are \$45 per adult and \$35 per child. Reservations are limited. Tickets can be purchased by calling 472-8443 or by visiting www.AdventuresInParadise.com.

Adventures In Paradise Cruises depart from "G" dock at Port Sanibel Marina, located at 14341 Port Comfort Road in Fort Myers.*

Free Fly Fishing Expo January 5

The Sanibel Fly Fishers, Sanibel Sea School, and Canterbury School of Fort Myers are jointly hosting a fly fishing expo on Thursday, January 5 from 6 to 9 p.m. in the Canterbury School gymnasium.

"We invite all who are interested in learning about fly fishing and caring for our marine environment to join us for an evening of sharing information with our fellow citizens" said Doug Greene, president of the Sanibel Fly Fishers Club.

One of the goals of the Sanibel Fly Fishers club is to promote the sport of fly fishing, and this expo is designed to help people become better acquainted with the sport. Fly fishing involves equipment that is slightly different from traditional fishing methods, and can seem intimidating. Their goal is to help people learn about fly fishing equipment and techniques in a comfortable atmosphere and have a little hands-on experience to become better informed about the sport.

Fly fishing is different from other rod fishing because the weight of the line is used to project the fly, while other fishing methods rely on a weighted hook, or an attached weight to project the hook into the water. And, many fly fishers enjoy making their own flies, which for many is an enjoyable and integral part of the sport.

"We want to help people become more connected to the ocean, and for many fly fishing is a really great way to do that; fishing is one of the ways that people study, and learn about the ocean, and we want to help them accomplish that," added Dr. Neill.

Casting instructions at the expo will be provided by one of Southwest Florida's best fly casting instructors, Joe Mahler. Several local fly tiers will be demonstrating how they tie their favorite flies and provide tips and insight on ways to tie flies. JoEllen Wilson, a fisheries biologist with the Bonefish Tarpon Trust, will speak about Juvenile Tarpon Habitat in Southwest Florida. There will also be demonstrations on knot tying, and people will demonstrate and explain the types of fly fishing gear commonly used in this part of the world. Several local marine conservation organizations will also have tables at the event.

Admission is free and several great door prizes will be given away, including a complete fly fishing outfit – rod, reel and line, and flies – and hats and T-shirts will be awarded at the end of the evening's program.

Pizza and soda will be available for a small contribution to help cover the expenses of the food.

Visit the Sanibel Fly Fishers Facebook page, or stop by Sanibel Sea School for more information about the expo.

The Canterbury School gymnasium is located at 8141 College Parkway in Fort Myers.*



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The West Indian False Cerith, *Lampanella minima* photos by José H. Leal

Shell Of The Week

The West Indian False Cerith



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The West Indian False Cerith, *Lampanella minima* (Gmelin, 1791), is the only representative of the gastropod family *Batillariidae* in Florida. (The species was, until recently, included in the genus *Batillaria*.) This species, which may reach a little tad under an inch in length, is extremely abundant in and around the intertidal (“between tide

lines”) and supralittoral (“above the high tide line”) zones of mangroves in South and Southwest Florida. Populations of the species may form large aggregates, in the form of “mats”, with thousands of individuals. Its shell is extremely variable in color, including all dark-brown or blackish shells, or shells with bands of lighter color. West Indian False Ceriths feed on decomposing plant materials. Learn more about Sanibel and Captiva mollusks at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events:
Daily programs are included with paid admission:
Live Tank Talks – Presented by a marine biologist throughout the day.
Arts & Crafts – 1:30 to 2:30 p.m.
Please check our arrival board in the main lobby for updates to daily schedules.
The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Shell Found



Patrick Anderson from Sarver, Pennsylvania, found a lightning whelk near the Sanibel Inn.✱



photos by Justin Wilder

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Power Squadron Celebrates Season At Holiday Party



Past Commander John Findley with gifts for the Gladiolus Learning and Deveopment Center
photos courtesy Sanibel-Captiva Sail & Power Squadron

submitted by Fay Carney

One hundred and four members of the Sanibel-Captiva Sail & Power Squadron attended the annual Holiday Charter Party on the evening of December 4. The event was held at the Kelly Greens Country Club and was hosted by past commanders Carol and Bob Allen. Hors d'oeuvres and cocktails were followed by a buffet, and entertainment was provided by Billy Dean and Dawn. Members enjoyed dancing to the music of this popular singing duo. Participants brought Christmas gifts for children to be donated to the Gladiolus Learning and Development Center. The project was



Members of the Sanibel-Captiva Sail & Power Squadron enjoying the evening coordinated by past commander John Findley. The Sanibel-Captiva Sail & Power Squadron was chartered in December 1975. The squadron is a local component of the United States Sail & Power Squadron which is the largest non-profit, non-governmental boating organization in the country. Membership information is available by calling membership chair JoAnne Heroy-Giller at 244-1165.*



Dick Waterhouse being serenaded by entertainer Dawn



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Pre-Cold Front Fishing Goes Off



by Capt. Matt Mitchell

Nothing gets me fired up this time of year as much as fishing when the wind blows hard out of the south. During these often short periods of warm south

wind, which happen as a cold front approaches, the bite can just go off. This often rough setup can bring some of the fastest-paced action on snook, trout and redfish we see any time of the year. The stronger the approaching cold front usually the better this bite can be.

This exact setup played out midweek with strong, southerly winds holding the water up higher than the tide chart forecast. Conditions were pretty rough, with wind gusts over 20 mph, so we started off close to home, choosing to fish some favorite southerly facing mangrove shorelines. At the first stop, within 10 minutes we had a slam,

which included a 26-inch trout on the very first cast, followed up almost immediately by a 26-inch redfish. Every cast for about 20 minutes at this first stop got bit, with most of the action coming from snook in the mid 20-inch range.

Most of the morning the wind blew hard out of the south and the bite was just on at every shoreline we fished. Then, by late morning, the wind started to make that switch, changing from southwest to west, then northwest as the fishing action quickly ground to a halt. Getting the timing right during these periods of south winds as a cold front approaches is all part of our winter fishing pattern and key to finding the best winter action. Get it right and you can have a crazy, memorable day. Get it wrong by a hour or two and you will want to forget your day.

For the next few days following the passing of the first cold front, I spent my time catching limits of mangrove snapper for my clients along with some catch-and-release snook action. One favorite spot in the southern sound is only a few hundred yards out from the intercostal in 12 feet of water. It's still a mystery to me what's on the bottom here but it comes up roughly 3 to 4 feet on the sonar and is definitely some kind



John Faulkner from Pine Island with a 26-inch trout and 26-inch redfish caught this week with Capt. Matt Mitchell



of man-made structure. My guess would be either a sunken barge or a concrete rubble pile.

This spot, along with many others just like it throughout the sound, are always good for mixed-bag action. We anchored up here late in the week chumming live shiners and having big mangrove snapper explode on the surface. Catching our limit of snapper all over 12 inches came quickly, along with my clients hooking into some much larger gag groupers that made it back to the structure before breaking them off. As temperatures continue to cool down, all these same open water man-made structure spots will begin to stack up with big sheepshead.

A much stronger secondary cold front came through just in time to

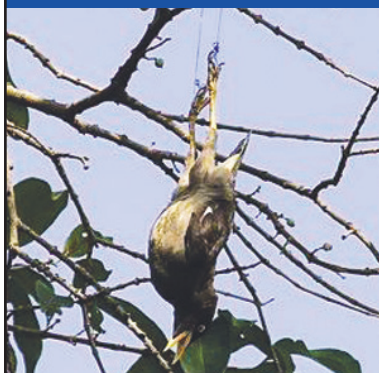
wreck the weekend's fishing plans, as conditions got too rough and cold to be out on the water for a few days. This up-and-down weather pattern is all just a part of our wintertime fishing and will continue until spring. Learning to take advantage of the best times to fish and when it's just better to stay in can only be learned over time. No matter how strong the south wind blows, I'm going fishing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com. **

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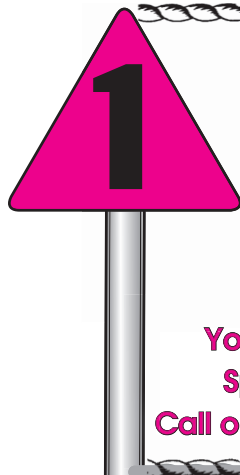


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Dave Doane

Plant Smart

Paintedleaf

by Gerri Reaves

Festive poinsettias are a traditional decorative fixture during the holiday season. The bright red, non-native ornamental brightens up the season, only to usually be discarded after New Year's Day.

But did you know that Florida has several species of native poinsettias? In fact, one – pineland poinsettia (*Poinsettia pinetorum*) – is on the state's endangered list.

Although the native poinsettias are less showy than the imported species, they deserve recognition, propagation and protection.

If you've run across a native poinsettia in your yard or while on a walk, it was probably paintedleaf (*Poinsettia cyathophora*), also called fire-on-the-mountain.

It is common throughout the state and grows weed-like in a variety of spots, from natural areas to undeveloped lots, roadsides and disturbed sites.

The wildflower's name comes from the bright-red dab of "paint" at the base of what appear to be large flower petals but are actually bracts, or specialized leaves.

At the center of a swirl of red are clusters of tiny, greenish, petal-less flowers that bloom all year.

The true leaves vary greatly in shape, from fiddle-shaped, to ovate or lance-like, and even narrow and grass-like.

Paintedleaf grows up to five feet tall,



Paintedleaf is one of several native poinsettias. The leaf shape and form vary.

varying in form from full and multi-branched to spindly and vine-like.

The plant is basically self-maintaining, drought tolerant and self-sowing. It prefers full sun to partial shade and can be propagated with the seeds.

Those seeds attract mourning doves

and the flowers are a nectar source for butterflies.

When you think "poinsettia," remember paintedleaf. And if it volunteers in your yard, be glad.

Sources: *A Gardener's Guide to Florida's Native Plants* by Rufino

photos by Gerri Reaves

Osorio, *National Audubon Society Field Guide to Florida*, *Wildflowers of Florida* by Jaret C. Daniels and Stan Tekiela, and *nsis.org*.

Plant Smart explores the diverse flora of South Florida.*

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, December 16, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW.

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Friday, December 16, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation

with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador. **Monday, December 19, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, December 20, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Tuesday, December 20, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment

areas of the hospital, concluding on rehabilitation grounds.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, December 21, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. Live animal encounter following presentation.

Wednesday, December 21, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, December 22, 11 a.m., adults \$7, teens \$5, 12 and under

no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Friday, December 23, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff.

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation addresses the unique adaptations of the native and migratory raptors of Florida.

Friday, December 23, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13.

Photography opportunity following the tour with an animal ambassador.✱

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CROW Case Of The Week:

Northern Raccoon



by Bob Petcher

For the second time in four weeks, an injured northern raccoon is being reported on within this column.

The prior patient was an adult bandit-looking mammal that was treated for mange during a nearly two month period before being released last Thursday near Lehigh Acres after a successful recovery.

Now, a juvenile female species of the common raccoon is being rehabilitated at CROW. She was brought to the clinic by a rescuer on November 30 after appearing to be lost and hungry. While it appeared to be bright, alert and responsive, it did suffer intermittent gazing and stumbling. X-rays revealed the patient had a dome-shaped skull, which confirmed a condition known as hydrocephaly.

Hydrocephaly is defined as an abnormal collection of fluid in the brain area that typically causes increased pressure inside the skull. Older people have been known to suffer with headaches, double vision, poor balance, urinary problems, personality changes and other mental impairment. Human

babies have experienced a rapid increase in head size. The condition for youth can be attributed to birth defects, but hydrocephalus has been known to be acquired later in life as well.

This particular condition for the juvenile northern raccoon will be life-altering but not life-threatening. Due to her condition, instead of being released once rehabilitation is complete, she will enter the education field as an animal ambassador at a wildlife facility, said CROW DVM intern Dr. Spencer Kehoe.

Since arriving at the clinic, the patient's overall health has improved. After a timid appetite upon arrival, Kehoe states the young mammal has since increased its food intake and has gained weight. Quality-of-life checkups are being administered frequently, according to CROW medical staff.

"The raccoon remains bright and alert and is eating very well and gaining weight," Kehoe said in giving an update Tuesday. "When it arrived, it weighed 850 grams and is currently weighing almost 2.7 pounds."

Kehoe said patient #16-3677 will receive medication "to help reduce the fluid."

At this point, the female patient resides indoors but is expected to move outdoors to interact with other members of its species in the near future.

"It has been adapting well outside during playtime and enjoys enrichment to keep her curiosity and mind active," said Kehoe. "It will soon be introduced to other raccoons."

CROW officials are now seeking a

facility for the patient to reside and live out a productive life as an informational animal – a raccoon's life is typically less than five years long – that educates instead of forages.

CROW Education Coordinator Rachel Rainbolt has previously stated she sees the educational process as essential to affect change.

"Education improves a person's awareness of the intrinsic value of wildlife, thus increasing their appreciation for the connection between humans, animals and the environment," Rainbolt said earlier.

At CROW, raccoons are generally known to be regular customers. In 2015, the masked mammals ranked #3 in the patient top 10 list. This year, CROW has cared for 265 raccoons thus far.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail



Patient #16-3677 will become an educational ambassador once fully rehabilitated photo by Kenny Howell

donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Edison National Bank Honors Student Nature Photo Contest Winners



The “eye-catching” first place winning image

The winners have been announced in the annual Student Nature Photography Contest, sponsored by Edison National Bank in cooperation with the “Ding” Darling Wildlife Society. Earlier in the school year, Cypress Lake Middle School students visited the JN “Ding” Darling National Wildlife Refuge

photos courtesy Edison National Bank

to photograph the wildlife and native plants. Edison National Bank provides overall financial support for this annual event, including medals and cash prizes for the winners.

The awards ceremony for the photo contest took place on December 6 at the school. Cypress Lake eighth grade teacher Joy Williams emceed the proceedings with highlights about the students’ photography and their time at the refuge. Principal Kelly Maniscalco



The photo contest winners, from left, Karina Papanikolaou, Holland Tyson and Paris Thompson, are joined by Edison National Bank’s Susan Nasworthy and JN “Ding” Darling National Wildlife Refuge representatives involved in the contest

joined in the ceremony. Also in attendance were Refuge Ranger Becky Larkin and volunteers Ken and Ginny Kopperl, who assisted the students during their photography field trip to the JN “Ding” Darling National Wildlife Refuge on Sanibel.

At the awards ceremony, Edison National Bank Vice President Susan Nasworthy presented award medals to the top three student photographers judged in the contest. The sponsoring bankers also gave the winners \$100, \$75, and \$50 cashier’s checks for the top three selected photographs. Those honors went to:

- 1st place – Paris Thompson
- 2nd place – Holland Tyson
- 3rd place – Karina Papanikolaou


“It is truly an honor for Edison National Bank to sponsor this event,” said Nasworthy. “Ms. Williams has

shared programs like these would not happen without support from the business community. These middle school photographers have captured some very beautiful images. I hope everyone will come see their work in our lobby display at the Cleveland Avenue office.”

Every student participating in the contest will receive a \$1 U.S. Mint gold coin from Edison National Bank when they visit the bank’s lobby photo display.


The public is invited to visit Edison National Bank to see an award-winning display of student nature photography. The photos are available for viewing starting December 12 during banking hours at the 13000 S. Cleveland Avenue office.

For more information, call 466-1800 or visit www.edisonnationalbank.com.



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Middle Schoolers Take Part In Outreach Project

Middle School students from Cape Coral Unity School cruised to Cayo Costa State Park on a No Child Left on Shore field trip as part of an Environmental Education Outreach Project, a cooperative endeavor of Captiva Cruises and The Sanibel-Captiva Conservation Foundation (SCCF) which strives to provide the younger generation of Southwest Florida an opportunity to experience first hand the invaluable resources of the Caloosahatchee watershed and estuarine environment.

Due to a new moon and north winds, the tide was very low on the morning of the field trip, making it a perfect opportunity to beachcomb and wade in the shallow waters of Cayo Costa State Park. Students discovered sand dollars, sea urchins, whelks, conchs and even an octopus was found in the tidal waters in between the Gulf beach and seaward sandbar. For many of these students, it was their first exposure to the wonders of our shorelines.

During the cruise portion of the



Middle schoolers from Cape Coral Unity School

photo courtesy Captiva Cruises

field trip, a trawling net was used to enable students to observe puffer fish, trigger fish, pin fish, a flounder and sea urchins. Students were amazed at the abundance of life within the Back Bay waters and were able to learn why the habitats of the coastal environment are so important.

For more information about Captiva Cruises’ and SCCF’s No Child Left on Shore initiative, or to sponsor a local school or youth group to participate in this exciting opportunity, contact SCCF at 472-2329 or Captiva Cruises at 472-5300.

Rare Find On Cayo Costa



The Hills with their rare sand dollar find

photo courtesy Captiva Cruises

On a recent day trip to Cayo Costa State Park with Captiva Cruises, Mr. and Mrs. Hill from Mount Sterling, Illinois found a type of sand dollar that is not seen too often on these barrier islands. According to Dr. Jose Leal, science director and curator of the Bailey-Mathews National Shell Museum, "the species in question seems to be a "hole-less" sand dollar named *Clypeaster subdepressus*." Leal stated that they were very common for a while on Sanibel around the Bowman's Beach area until the middle of the 1990s, but there haven't been many seen lately.✱

Fish Caught

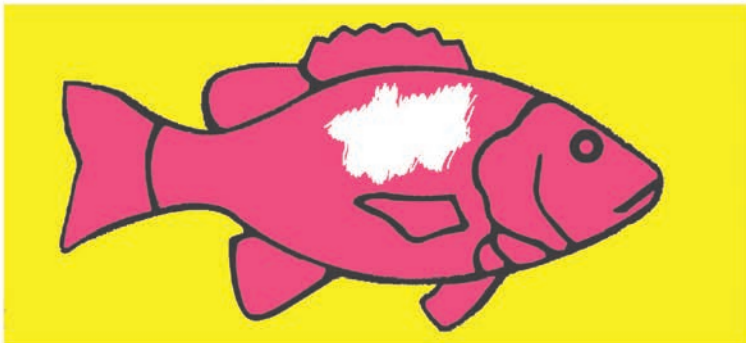


Tom Reis and Ray Hitchcock with the two redfish they caught

photo provided

Tom Reis and Ray Hitchcock from Minnesota caught two 26-inch keeper redfish in the waters of San Carlos Bay while on a Sea Reed Charters outing with Clarence Reed.✱

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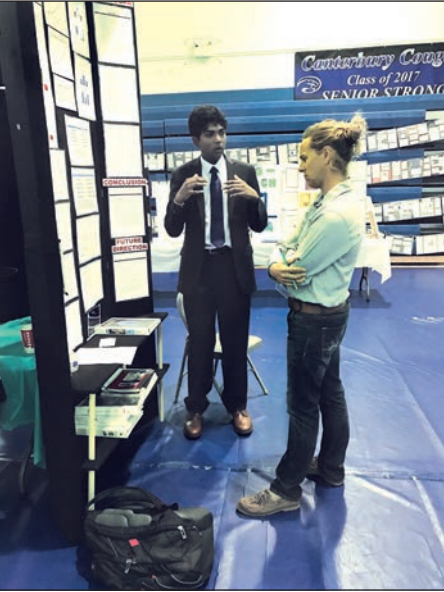


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Sea School Educators Judge Science Fair



Johnny Rader interviews a student about his research project at The Canterbury School's annual science fair
photo courtesy Sanibel Sea School

Marine Science educators employed by Sanibel Sea School volunteered their time to serve on the judging panel for The Canterbury School's annual science fair. The December 1 fair showcased scientific experiments and research

carried out by middle and high school students on science topics ranging from physics to biology. All of Sanibel Sea School's teaching staff members have earned science degrees, and the fair provided an opportunity to interact and encourage young people who might also like to pursue future careers in science. "I was so impressed by how many of the projects could someday have real-world applications," said Nicole Finnicum, Sanibel Sea School's education director. "The students were thinking about very relevant topics like ocean acidification, ways to improve the treatment of Alzheimer's and tools that could help supply developing countries with clean water. I have no doubt that these kids are going to achieve great things." In summer 2017, Sanibel Sea School will offer its first-ever Science Fair Research Camp, also in partnership with The Canterbury School. The school year can be a busy time for students, and this program will allow them to finish a significant part of their science fair planning and research prior to the fall semester. During the program, science educators will be available to help participants develop and carry out marine biology-based studies. "Participating in the science fair as a kid helped me develop an appreciation for the scientific process, and definitely contributed to my desire to study science in college," said educator Johnny Rader, who also served as a

judge. "I can't wait to share that with our campers next year." Registration will be open to all in February 2017. The camp will be held at The Canterbury School's campus in

Two Boating Courses Offered

The Sanibel-Captiva Sail & Power Squadron is offering two boating courses beginning in January. The first is Marine Electrical Systems, which will take place at the Harbour House at St. Charles Yacht Club, located at 15900 St. Charles Harbour Boulevard in Fort Myers. The course begins at 9 a.m. on Thursday, January 5 and continues for the next five Thursday mornings, with an exam on February 9. The cost is \$120.

Course topics include: properties of electricity, wiring practices on boats, direct and alternating current power, corrosion by stray current and galvanic action, lightning protection, and trouble-shooting and repair. The instructor is Ron Wallace, a certified Master of Electricity. A sailor since 1980, he now drives a tug. To enroll or for more information, visit www.usps.org/findacourse. Select Marine Electrical Systems under Advanced Courses and hit Locate. Find this course and follow the "click here to inquire" instruction at the bottom. You can also email Wallace with questions at ronwallace@mindspring.com.

The second educational offering

Fort Myers, which features the Torpey Tank outdoor marine biology lab. To learn more, visit www.sanibelseaschool.org.

is for beginners or those needing a refresher. Called Rules of the Road, students learn the nautical rules of navigation during daylight, periods of restricted visibility and during the night. Meeting, crossing and overtaking situations on the water will be covered. Students will also learn the nautical meanings of lights, shapes and sounds. This seminar also shares memory aides useful when confronted with potentially dangerous situations on the water. The instructor is Dick Squitieri, who has taught seamanship and navigation courses for many years. He holds captain's and master's licenses. The class will be held on Saturday, January 14 from 9 to 11 a.m. at the Captiva Yacht Club, located at 5903 Captiva Drive. The cost is \$35. A second member of the same household can attend for \$20. An optional textbook is available for \$15. Class size is limited to the first 20 to enroll. Call 570-762-7057 or email captaindick@casquitieri.com for reservations. The Sanibel-Captiva Sail & Power Squadron is an organization dedicated to promoting boating safety and education. Members are also provided with opportunities for boating-related social activities. For membership information, call Joanne Heroy-Giller at 244-1165.



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Outdoor Adventures Still Offered This Season



Visitors kayak along Commodore Creek through the refuge's mangrove forest

photo courtesy DDWS

As the weather cools down and traffic picks up, it can only mean one thing: season is upon us. Tarpon Bay Explorers, the official concession to the JN "Ding" Darling National Wildlife Refuge, is ready for the season to get under way. Though challenges lay ahead with neighboring construction, Tarpon Bay Explorers will remain open throughout the course of building SCCF's new Marine Lab.

"All of our tours and rentals will operate as normal as any other season," said general manager and part owner Wendy Schnapp.

Some confusion has arisen regarding the construction in the Tarpon Bay parking lot. To clear up any uncertainty, staff at "Ding" Darling recently installed a sign welcoming visitors to the concession, assuring them the company is open for business. "Locals and visitors can rest assured that Tarpon Bay will be open," said assistant manager Adam Sauerland. "A lot of folks make a kayak trip or boat tour a tradition, and it would be unfair to take that away from our visitors. But, just as importantly, continuing to educate new visitors about the refuge is our No. 1 priority, and we are excited and grateful to be able to continue our mission."

Despite the construction, kayaking through Commodore Creek's winding mangrove forest or watching a beautiful sunset over a mangrove horizon while seeing hundreds of birds fly in to roost for the night are all still available for guests to experience this upcoming season.

For more information, visit www.tarponbayexplorers.com or call 472-8900.*

New Programs At SCCF

The Sanibel-Captiva Community Foundation (SCCF) will offer the following new programs during the month of January:

- Florida Panthers and Wildlife Corridors – Thursday, January 12, 10 a.m., SCCF Nature Center

Florida panthers are the rarest mammals in North America and their future depends on wildlife corridors. While not found on Sanibel, they play an important role in maintaining the ecosystems of Southwest Florida. The last few years have seen record-breaking panther deaths, but there is hope in protecting their habitat and allowing the elusive cat to spread north into its historic habitat. SCCF Public Outreach Coordinator Alexis Horn ran the Sierra Club's Florida Panther program. She will explain what makes Florida panthers unique and why they

are so vital to the environment.

- Conservation Photography: Ethics in Practice – Thursday, January 26, 1 p.m., SCCF Nature Center

With the rise of digital cameras and smartphones, the world of photography has been made accessible to just about everyone. Wildlife and landscape photography are especially popular in Southwest Florida with easy access to unique environments and species. But these ecosystems are fragile, and knowing the best practices to protect a species makes for an ethical photographer. Learn about conservation photography and what considerations to keep in mind when photographing the wilderness around you. SCCF Public Outreach Coordinator Alexis Horn, a published professional photographer, will share her knowledge and passion on the subject.

The SCCF Nature Center is located at 3333 Sanibel Captiva Road. For more information, call 472-2329 or visit www.sccf.org.*

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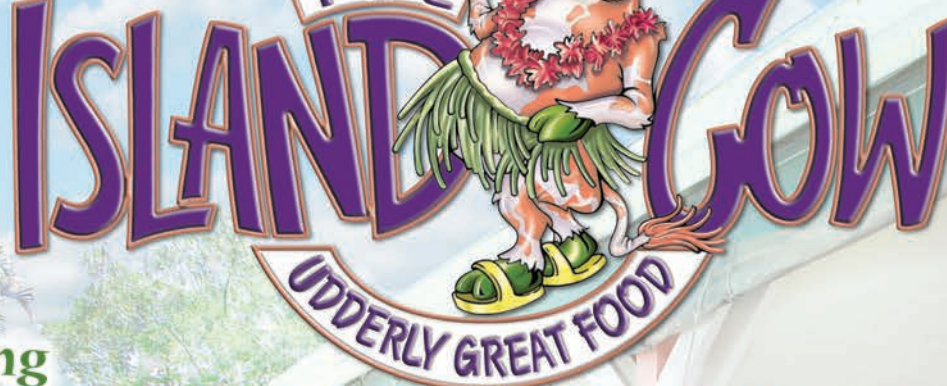
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ISLAND FARE

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa at 1451 Middle Gulf Drive.

2477 Periwinkle Way, 472-1516

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from noon to 9 p.m. With fresh ingredients, mouth-watering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs, Beach Piez will deliver the best pizza the island has to offer.

2441 Periwinkle Way, 472-3224

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A mural that takes up an entire wall shows lots of islanders through the ages – including Cip – and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. And do try the home-made potato chips, the fried buttermilk chicken with sage gravy and the snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m.

2055 Periwinkle Way, 472-0223

DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant famous for its great food and service. Plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and always fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m.

Doc Ford's Sanibel, 2500 Island Inn Road, 472-8311; Doc Ford's Captiva, 5400 South Seas Plantation Road, 312-4275, Doc Ford's Fort Myers Beach, 708 Fishermans Wharf, 765-9660

DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.

Featured monthly events include Trivia Night, Karaoke and Themed Dinner Nights. There is a Friday a la carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter.

949 Sand Castle Road, 472-3355



From left, Lena Mulinaro and Mimi Lubinski of Traders Gulf Coast Grill & Gifts

photo by Bob Petcher

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of "only fresh" seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

634 North Yachtsman Drive, 472-8138

GREAT WHITE GRILL

The Great White Grill is a sports bar featuring 31 beers on tap and a good wine list. It's home of The Steel Curtain Pizza. There's free pizza delivery, too. The Great White carries the MLB, NFL and NHL packages for sports enthusiasts and has arcade games for kids of all ages. The regular menu includes hand-tossed fresh dough pizza, jumbo wings, Pittsburgh sandwiches, Philly cheesesteaks, Chicago beef sandwiches, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.

2440 Palm Ridge Road, 472-0212

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva Island's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway. Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner. All seats have a view of the waterfront. Reservations are not accepted.

15183 Captiva Drive, 472-3337

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open Tuesday through Saturday

from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights beginning at 7 p.m.

1244 Periwinkle Way, 472-5555

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. **Now serving full liquor island cocktails!** Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m.

2163 Periwinkle Way, 472-0606

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire, and Cruzan Vibes' reggae on the weekends. The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour from 5 to 7 p.m. Dinner reservations are suggested.

1223 Periwinkle Way, 472-1771

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m.

1700 Periwinkle Way, 472-9300

JOEY'S CUSTARD

Joey's Custard is a family owned and operated sandwich, coffee and ice cream shop within Bailey's Center. Owners Joey Almeida and mom Debi Almeida offer fresh-to-order paninis as well as Working Cow ice cream products (custard, yogurt, sorbet, banana

splits, sundaes, floats, smoothies, hard and soft serve ice cream) and coffee (five-bean house blend, Tim Horton, espresso, affogato). Try the Beach Box Lunch To Go (add \$2 to any sandwich and get a drink and bag of chips). Ask about BOGO with Island Cinema.

Joey's Custard is open from 10:30 a.m. to 9 p.m. Monday through Thursday; 10:30 to 10 p.m. Friday and Saturday; and noon to 9 p.m. Sunday.

2467 Periwinkle Way in Bailey's Center, 472-7222.

LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken. The Flamingo Bread and the caesar salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

1036 Periwinkle Way, 472-6939, 6520 Pine Avenue, 472-5353

MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m.

1200 Periwinkle Way, 472-1998

MUCKY DUCK

Historically known as the neighborhood pub, The Mucky Duck may well be the most famous restaurant on Captiva Island due to its longevity of 40 years in business and quirky name. Then there are the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – as customers sip cocktails and beverages until they can take their seats. Reservations are not accepted. The Duck, serving fresh seafood, pub-style food, sandwiches, steaks and other items, is open for lunch from 11:30 a.m. to 3 p.m. and dinner from 5 to 9:30 p.m.

11546 Andy Rosse Lane, 472-3434

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m.

630 Tarpon Bay Road, 472-2625

PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate tort filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Contractor Breakfast served Monday through Friday 8 to 11 a.m. Take out, delivery and outdoor dining available.

2496 Palm Ridge Road, 472-2534

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos and salads. Among the most popular items is Rosie's Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu is also available. Carry out, indoor or outdoor seating. Check out our all new menu items for breakfast, served from 8 to 11 a.m. Monday through Saturday and 8 a.m. to 2 p.m. Sunday. Happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine. The ice cream bar has 20-plus flavors of locally made Royal Scoop Ice Cream.

2330 Palm Ridge Road, 579-0807

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

2240 Periwinkle Way, 395-1919

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well.

2330 Palm Ridge Road, 472-2555

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight.

703 Tarpon Bay Road, 472-3128

SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of our fresh salads, try our Wizard Waffles, our classic burger, our Mexican plates and indulge in our Indian curry, Vietnamese pho, raw vegan lasagna and more! Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. Our fresh juice bar is always brimming with island smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of our delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday. Come visit and join The Sprout family!

2463 Periwinkle Way in Bailey's Center, 472-4499.

SUMMERLIN JAKE'S

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and

heart-healthy, vegan choices that are locally sourced, hand-selected and artfully prepared. Summerlin Jake's is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.

17501 Harbour Pointe Drive, 466-5377

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1451 Middle Gulf Drive, 472-4151.

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m.

703 Tarpon Bay Road, 472-3128

TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium selling casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in this place! The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

1551 Periwinkle Way, 472-7242

TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested.

3111 West Gulf Drive, 472-4559

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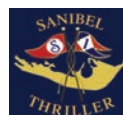


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Eren Sisk and Mike Edouard star in *I And You* photo courtesy Laboratory Theater by Di Saggau

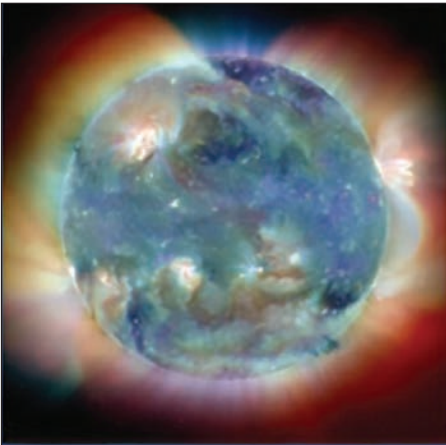
Laboratory Theater of Florida’s Artistic Director Annette Trossbach continues to bring cutting-edge theater to our area. Now playing is *I And You* about two high-school misfits who are thrown together for a last minute English project on Walt Whitman’s *Leaves of Grass*. Mike Edouard is Anthony, and Eren Sisk is Caroline, and the two deliver astonishingly, sharp and funny performances during this 80-minute drama. The play by Lauren Gunderson is filled with topics including mortality, compatibility, first love and the importance of personal pronouns. Her mismatched characters are both tough and vulnerable.

Caroline has been sick for a long time. When Anthony comes into her bedroom to talk about the school project, she bombards him with “What is going on?,” “Why

are you here?” and “Is this a joke?” These two impressively talented actors get into our hearts and heads and eventually the ever-deepening script takes on a thought-provoking new level that has the audience talking about it long after it’s over. I was blown away by Sisk’s spot on portrayal of Caroline. This is definitely her show and there is a reason for that. She portrays many moods as expertly as any actor I’ve ever seen. It was truly amazing. The scene where she bounces on her bed doing an air piano pantomime of Jerry Lee Lewis’ *Whole Lotta Shakin’ Goin’ On* is not only amusing, it shows the scope of her talent. Edouard is also good, more laid back, but there is a reason for that too. *I And You* is a play written with intellectual sophistication. We experience a growing relationship between these two youngsters and wonder where it will lead. The ending is unforgettable and will leave you gasping. I rarely leave a play wanting to tell everyone to go see it. That’s the way I felt when the curtain call ended. The play is done in three scenes with no intermission. These two actors have received standing ovations after each show and they deserve it. *I And You* is directed by Lauren Redeker. It plays through Friday, December 23 at Laboratory Theater of Florida, located at 1634 Woodford Avenue in downtown Fort Myers. To purchase tickets or for more information, call 218-0481 or visit www.laboratorytheaterflorida.com.

Winter Solstice Boat Cruise

The Randell Research Center and Captiva Cruises are offering a Winter Solstice Boat Cruise on Wednesday, December 21 from 3:30 to 6:30 p.m. Cost is \$55 per person and includes a narrated tour and refreshments. The event will begin in the classroom at the Calusa Heritage Trail, located at 13810 Waterfront Drive in Pineland. The Captiva Cruises boat will depart and return to the dock of Tarpon Lodge. Reservations are required and seating is limited. Call 283-2062. Proceeds benefit the Randell Research Center.



A false-color composite of three images of the sun from the space-based SOHO observatory photo courtesy NASA.gov

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BIG ARTS Monday Night Film Series

Sing Street

by Di Saggau

The BIG ARTS Monday Night Movie for December 19 is *Sing Street*, which takes place in 1985 Dublin. This is a movie about escape, identity, dreams vs. reality, young love and music. It's also about something new to the time called a "music video." The director, John Carney, has a humorous and loving eye for detail and the film has universal appeal. The film is based heavily on Carney's own high school experience.

In order to impress a beautiful but enigmatic orphan and would-be model named Raphina, and to escape the attentions of the local skinhead, a teenage boy named Conor forms a band with some fellow school misfits. The home life of Conor and his two siblings contains vicious fights between their parents so each sibling seeks escape in their own ways. Brendan, the older brother, holes up in his room with his pot and his extensive record collection. An older sister, Ann, devotes herself to her studies. Conor is lost in the shuffle after being yanked out of private school and tossed into a public school that feels like a maximum security prison.

While watching music videos with his brother, Conor decides to start a band. He sort of knows how to play the guitar and is innocent enough to think his music might get him to England, like Duran Duran. With his scrawny, red-headed sidekick and a few other classmates, Conor finds some allies. They decide to make a music video and Conor asks Raphina to be in it. Surprisingly, she agrees. They shoot everything in back alleys and on the sea front on a camcorder. This is when *Sing Street* takes off, with its band of misfit strangers who are trying to figure out who they are and what kind of music they want to perform.

Conor, played by Ferdia Walsh-Peelo, is a delight to watch and the surrounding cast is also superb. Adolescence is one of the most self-involved phases of life. Kids develop their characters and try on different identities, looking for a good fit. The band consists of a talented bunch who write pretentious songs with catchy titles. Conor quickly blossoms as a singer-songwriter. His music is inspired by tumultuous events in his private life.

Sing Street runs 106 minutes. Moderators for the evening are Nessa Adelson and Mike Derechin.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Sponsors: June Rosner and Russ Bilgore, Stan and Visnja Gembicki, Hyde Tucker, Penny Wilkinson and Island Sun. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.BIGARTS.org, at the door or by calling 395-0900.✱

Upcoming Programs At Sanibel Library

The next speaker in the 2016-17 author series at the Sanibel Public Library is bestseller Debbie Macomber. In 2016, Macomber's publications include *A Girl's Guide to Moving On*, *Sweet Tomorrows* and *Twelve Days of Christmas*. Macomber will speak at the library on Thursday, January 19. Ticket requests will be accepted online from current library cardholders for 24 hours, starting at 9 a.m. on Monday, December 19.

At 2 p.m. on December 19, evolutionary ecologist John Hess presents on the Galápagos Islands. In his book, *The Galápagos: Exploring Darwin's Tapestry*, Hess opens the islands to general readers using spectacular pictures and insightful prose. With an extensive background in ornithology and evolutionary ecology, a lifetime of experience as a naturalist and photographer, and a deep respect

for his subjects, Hess will share his affection for the islands and his appreciation of the exquisite beauty of Darwin's tapestry. Hess is a professor emeritus of biology at the University of Central Missouri, and has contributed photographs for several ecology-themed multimedia presentations.

The third speaker in the author series is literary icon Margaret Atwood. Atwood will speak on Wednesday, January 25. Ticket requests will begin at 9 a.m. on Friday, December 23, and run for 24 hours online. A winner of many international literary awards, Atwood is the author of more than 40 volumes of poetry, children's literature, fiction and non-fiction.

The library is located at 770 Dunlop Road.

Major funding for the series is provided by the Sanibel Public Library Foundation and its donors.

Upcoming programs can be found by visiting www.sanlib.org. Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483.✱



Sanibel Librarians Present Florida's First Lady With Champion Award

Sanibel Public Library staff thanked Florida's First Lady Ann Scott as she was awarded Southwest Florida Library Network's (SWFLN) 2016 Library Champion award.

An avid reader, Scott said she believes that great readers become great learners, and early learning leads to academic success.

"Florida's First Lady is an avid, passionate advocate for literacy and reading in the entire state of Florida," said SWFLN Executive Director Luly Castro. "In addition to her duties as First Lady, she spends countless hours visiting schools and reading to children. She visits hospitals and presents new parents with their baby's first book."

Reference Librarian Candy Heise and Children's Librarian Deanna Evans attended SWFLN's annual meeting on November 16, and thanked Scott for supporting libraries, affirming how important her support is to Florida's children and teens.

For the third time, the Sanibel Public Library has been recognized as one of the best in the country. *Library Journal* named it a 4-Star Library in its annual America's Star Libraries survey. The journal examined the annual number of library visits, circulation, program attendance and public internet computer use. In 2010, Sanibel Public Library earned the journal's 3-Star Library rating and in 2011 it was named a 5-Star Library.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit www.sanlib.org.✱



Candy Heise and Deanna Evans of Sanibel Public Library with Florida's First Lady, Ann Scott
photo courtesy Sanibel Public Library

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Remarkable Women Of Sanibel & Captiva

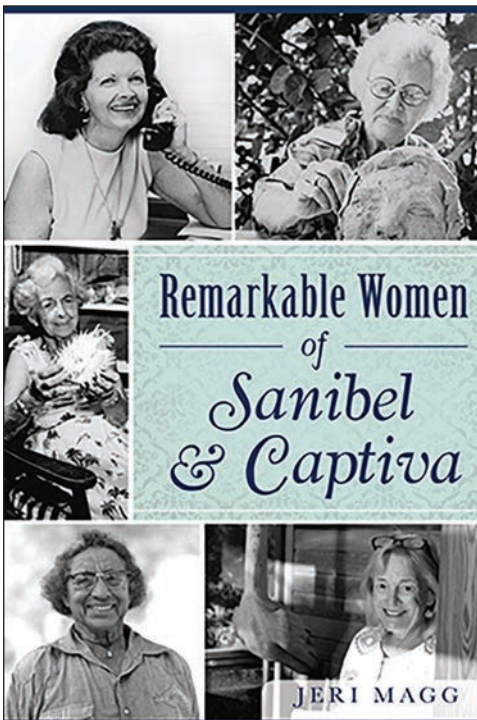


by Di Saggau

In her latest book, *Sanibel & Captiva*, historian Jeri Magg has compiled the stories and achievements of the remarkable women who forever shaped Sanibel and

Captiva Islands. Appropriately named *Remarkable Women of Sanibel & Captiva*, the book tells the history of countless women who bucked the system to make their marks.

Here are just a few of the women you'll read about. Sarita Van Vlick and Zee Butler led the fight to preserve the island from unbridled growth and destruction. Helene Gralnick in the early 1980s opened a small shop that became the foundation for Chico's Incorporated. City Manager Judie Zimomra put policies into practice that helped Sanibel flourish after the devastation of Hurricane Charley.



Mozella Jordon was the first black caterer on the island. Mariel Goss, on behalf of bike riders, helped get Lee County to provide bike paths on the island. Nola Theiss, a former Sanibel City Council member and mayor, now helps victims of human trafficking. Lavern Phillips worked with her husband to help build BIG ARTS into the organization it is today. Faye Granberry, an avowed conservationist, formed the Horticultural and Orchid societies on Sanibel. The stories of these women and many more are absolutely fascinating.

Magg gives us the history of the island and shares stories about the Calusa Indians and pirates on the island. She tells us that in 1894, Sanibel's population was 120 with 100 acres in truck farming. Two years later, the population grew to 350 with 500 acres in truck farming, and land was selling for \$10 to \$25 an acre.

When asked what she learned while researching the book, Magg said, "The women in my book came from all walks of life. What could a Confederate War widow, a Cuban fisherman's granddaughter, an international concert pianist or an award-winning actor from New York have in common? They adapted to their surroundings and refused to give up. Most embraced the difficulties of living on the island and were better for it. These women didn't need women's lib, they liberated themselves."

Remarkable Women of Sanibel & Captiva is a remarkable read. It's available at local book stores, at the Sanibel Historical Museum & Village and online.*

Top Ten Books On The Island

1. *Remarkable Women of Sanibel & Captiva* by Jeri Magg
2. *Sea Life Coloring Book* by Carroll Swayze
3. *The Book of Joy* by the Dalai Lama and Desmond Tutu
4. *Seduced* by Randy Wayne White
5. *Heart of the Sanibel Sunset*

Detective by Ron Base

6. *The Hooker, The Dancer and The Nun* by John D. Mills

7. *Curious Critters Florida* by David FitzSimmons

8. *A Man Called Ove* by Fredrik Backman

9. *The Undoing Project* by Michael Lewis

10. *In the Company of Women* by Grace Bonney

Courtesy of MacIntosh Books and Paper**

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley,
This happens every year when the holidays come around – we all get stressed out. The teachers, the coaches, my kids and me seem to

be overwhelmed. How can I help my kids, which in turn might help everyone else to have less stress and enjoy this season?

Julia M., Fort Myers

Julia,

While we are reminded how difficult the holidays can be for people who are in need, alone or lonely, this season can also be stressful for well functioning families, teachers and schools. The holidays are so fraught with tension

because typically are expectations for happiness have been set at a ridiculously high standard.

Movies, TV, advertising and social media depict this season with so many images of "perfection" that many people and especially children become confused about what is real, appropriate and worthwhile for them. Expectations are then heightened, and the holidays can feel like a test of how happy and successful your family is. And if you have children with psychological or learning disorders, even favorite traditions can turn into a test of stamina and patience.

Here are some ideas to help minimize stress and make the holidays more fun and fulfilling:

- Talk with your kids about your traditions, which ones they love and which you might evolve to make them more fun or memorable for everyone. This is especially important when family dynamics have changed because of divorce, a new marriage or sibling, or a death in the family.

- When making holiday plans, be realistic. Remember your children's limitations when you make plans and that will help to reduce stress on everyone. Kids who are anxious about meeting new people or even encountering the extended family will need support and realistic expectations. Kids who have trouble with organization will need help to succeed at gift-giving. Children who tend to be impulsive need structure to minimize disruptive behavior. Not overestimating your kids' patience and ability to focus will help you enjoy yourself more, too.

- Holidays represent a change in a family's normal schedule, and for some kids that's unsettling. Preparing them for changes in their routines, what to expect and what you expect of them will help head off meltdowns. If you're traveling, bring familiar toys and books, and make sure you have quiet one-on-one time like reading before bed.

- Give yourself a break as well. Don't stretch yourself too thin trying to create the "perfect" holiday season. Decide

what is important, prioritize and say "no" to what you can't handle. Your kids will be fine with a less than perfect tree, cookies, décor, etc.

- Kids pick up their parents' stress and tension, so they're more likely to be irritable if you are. Have a sense of humor, enjoy your kids for who they are, and keep in mind that what you'll all remember when it's over is likely to be the unexpected moment when everybody was relaxed, not the perfectly choreographed party, dinner or outing.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

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Writers taking part in the December Read

Poetry And Prose At Writers' Read

by Di Saggau

The 60th annual Writers' Read was held December 8, in Phillips Gallery at BIG ARTS. The evening began with a lovely wine and cheese reception and socializing with the writers and other members in attendance. Don Rice, president of the BIG ARTS Board of Directors, welcomed everyone. Then it was on with the offerings that always delight the audience. There were 18 members of the five island writers groups taking part. It was a wonderful evening full of stories and memoirs, poetry and prose. Twenty-four in all.

Here are a few samples of what we heard. Tanya Hochschild read a piece about the frustrations of booking airline tickets by phone. Renny Severance told us about a new type of measurement called "smoots." You'll have to ask him about that one. Jean Jensen shared an experience of spotting an aggressive alligator in her pond. Robert Hilliard talked about when he was a young man during war time in France. Nancy Carlile told us about friends on island who were enchanted with *Dancing With The Stars*. Bev Forslund talked about making a phone call to the White House after imbibing a bit too much with friends and how a FBI man showed up the next day at her door. Maynard Poland had us in stitches as he shared a very funny memoir about blessings and mixed blessings one Easter with grandparents, grandkids and a new puppy. Ruth Iyengar, reading for Dawn Schumann, told us about walking with a friend on the beach in Michigan and coming across several young couples, nude, and in rather compromising positions. Duke Barron wound up the evening telling us about a very chilly Christmas Eve in Niles, Michigan in 1946, when he was with a high school caroling group and he ended by wishing everyone a very Merry Christmas.

It was another magical evening. I look forward to the next Writers' Read. If you are interested in joining a writer's group, contact Joe Pacheco at sanibeljoe@comcast.net.

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

The Gutter Tree

by Bob Maxeiner

I'm caught between the canyon walls
inhaling noxious breaths of traffic
stalled,

awaiting yet another change of light.
Stories overhead the grimy eaves of
tenements
obtrude against the sky, and there I
see
in silhouette against the blue,
a patch of green, a clutch of leaves
uplifting from the stone, a wayward
seedling
reaching for the sun. The traffic
moves.
I think about that treelet, rooted
in a gutter, confronting drought and
ice,
whether any gutter may suffice.

S.R. Maxeiner, Jr., after retiring from a surgical career in Minneapolis, "Bob" settled in Sanibel and began to write. Two novels, five plays, poetry and short fiction. He is a member of Writer's Group One.✱

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Rec Center Offering New T-Shirts

The new "relax" shirts are in. The Sanibel Recreation Center's favorite shirt boasting a positive reminder to "relax" on Sanibel is now available in an additional color and a new style. Recreation Department staff has added a three-quarter sleeve baseball tee for \$18 and the T-shirts are \$15. Both are available in adult sizes. They accept credit card phone orders and also offer shipping. All proceeds support the City of Sanibel's youth recreation programming.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.



Mike and Mary Miller wearing the new shirts
photo courtesy Sanibel Rec Center

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Native Nurseries Group Visits Bailey Homestead



Members of the Florida Association of Native Nurseries taking a tour of the Bailey Homestead Preserve property with Jenny Evans, manager of SCCF's Native Landscapes and Garden Center

photos by Jeff Lysiak

by Jeff Lysiak

On December 9, a group of 20 members representing the Florida Association of Native Nurseries, held their annual two-day conference on Sanibel, taking a tour of the Bailey Homestead Preserve property and learning about the positive impact that acquiring the 28-acre site has had for the Sanibel-Captiva Conservation Foundation (SCCF).



Jenny Evans welcomed the group to tour the Bailey home, native gardens and surrounding property

The Florida Association of Native Nurseries (FANN) is the industry resource for Florida native plants and native landscape and restoration services. Their business members include growers, retailers, environmental consultants and landscape professionals. FANN leads the native plant industry with production, education, marketing and advocacy.

"We see a future Florida where native plants are widely available and preferred for their aesthetic, ecological and economic benefits," reads the FANN vision statement. "Our urban and suburban landscapes will look like 'real' Florida and

continued on page 2B

Library Hosts Comic Book Expert



From left, island residents Bea Fulmer and Karen Silverstein getting their collection of comic books appraised by expert Todd McDevitt last week at the Sanibel Public Library

photos by Jeff Lysiak

by Jeff Lysiak

Last Thursday afternoon at the Sanibel Public Library, New Dimension Comics founder and owner Todd McDevitt hosted an informational program and appraisal fair, sharing his expertise on the comic book industry, talking a bit

about the history of the genre and offering advice to novice local collectors, young and old.

For the past 30 years, McDevitt has operated his own comic book store in Ellwood City, Pennsylvania, located 30 miles northwest of Pittsburgh. In the decades since, he has opened five additional stores in the region. McDevitt is also known as one of the country's leading experts in the comic book universe as a senior advisor for the *Overstreet Price Guide*, the industry "Bible" for information and current values.

"When I was in high school, I had a friend who was really into comics," said McDevitt, vacationing on the island with his girlfriend, Amanda Bowen. "I didn't get into them myself until I began observing how many people were reading them. Then, I learned more about the business side of things... how I could turn a hobby into a way of making money."

At 17, McDevitt opened his first comic book shop, which saw some early success and soon expanded. Within a couple of years, McDevitt was organizing comic book conventions in the Pittsburgh area. The hobby itself was growing, too, with rising popularity in comics like *Batman* (following the release of the first *Batman* movie), *Sandman*, *Watchmen*

continued on page 6B



Classics Illustrated, a comic book series published between 1941 and 1971, featured adaptations of literary classics

From page 1B

Native Nurseries

function like ecosystems.”
Last Friday morning, Jenny Evans, manager of SCCF's Native Landscapes and Garden Center, offered the visitors from FANN a tour of the preserve property along with a brief history lesson about the Bailey family who once lived at the homestead.

“On the island, there aren't too many more areas that can be developed,” Evans told the group. “About 60 percent of all land on Sanibel has been set aside for preservation.”

According to Evans, designing the layout for the native plant nursery took almost three years. Staff offices are located in a small space on the east side of the main Bailey house overlooking the nursery, which is divided into eight sections including:

- Residential Plantings – Includes plants well suited for landscaping around residences (examples on display include thatch palms, muhley grass, horizontal cocoplum, Bahama coffee, coontie and lignum vitae)
- Wetland/Littoral – Plantings have been placed around the Devitt Pond, located on the western portion of the preserve, which showcase plants suitable for such soil conditions (SCCF's Marine Lab has also planted tapegrass at the pond)
- Beach & Dune Habitat – A display of plants that includes simulated sea turtle and plover nesting sites
- Scrub Habitat – Plants suited for areas which may be inhabited by gopher tortoises



Augie Jarvis, 4, sitting in a vintage swing chair
photos by Jeff Lysick



Richard Beaupre and Tom Heitzman from Sweetbay Nursery taking photos of the native plants on display

- Wildflower & Pollinator Garden – Showcasing plants that are visited by bees and other insect pollinators
- Backyard Edible Garden – Encouraging locals who would like to grow their own fruits and vegetables, nursery staff have had success growing plants including varieties of lettuce, peppers, tomatoes and herbs.
- Bird & Hardwood Hammock
- Keys Hammock

In addition to the large nursery area surrounding the main house, the former “Honey House” is home to a modest gift shop which sells SCCF merchandise, an assortment of bird houses and owl boxes along with other goods. The shop features locally-harvested mangrove and seagrape honey along with elderberry jams and jellies.

“One of the people who grew up in this house, Francis Bailey, used to sell honey to help put himself through college,” Evans noted. She also pointed out some of the historical structures found on the property – including the original windmill – along with the connectivity trails that border the rear of the property, which leads all the way to the Sanibel & Captiva Islands Chamber of Commerce building near the entrance to the island.

Following a tour of the Bailey Homestead Preserve, FANN members attended a lecture on business transitioning, discussed strategic planning, held board meetings and talked about details of their yearly show, to be held in Bradenton next April.

SCCF's Native Landscapes and Garden Center at the Bailey Homestead Preserve, located at 1300 Periwinkle Way, is open Monday through Friday from 8:30 a.m. to 5 p.m. From January through April, it will also be open on Saturdays from 10 a.m. to 3 p.m. Call 472-1932 or visit www.sccf.org for more information.*



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Mardi Gras Swim Relay Training Is Just Another Day At The Beach



The Sanibel-Captiva Beach Resorts, Purple Team in training at the 'Tween Waters Inn pool
photo courtesy CHR

For guys like Tony Lapi and Doug Babcock of Sanibel-Captiva Beach Resorts, some might think every day is a “day at the beach.” But in their case, it just might be. The resort management company has pledged its sponsorship support of Community Housing and Resources (CHR) 5th annual Mardi Gras event, scheduled for February 11 at The Dunes Golf & Tennis Club. They are also bringing their laid back, beach resort-style attitude to the famed Mardi Gras swim relay as the third and final Purple Team.

“Sanibel-Captiva Beach Resorts is proud to be a Mardi Gras ‘Big Easy’ sponsor and we were excited to step up as competitors to the swim relay,” said Doug Babcock, chief operating officer. “We are all superior athletes, so we figured it would be a great part of the event to really get involved in – after all, the ‘Tween Waters Inn team is the only one that has an on-site pool and full fitness center to train in, a marina with watersports for cross-training, plus a day spa to soothe our aching muscles after a great workout before we eat a balanced meal at one of our outstanding restaurants. That didn’t sound too much like an ad, did it? Go Tweenies.”

Even with all of the amazing amenities at their fingertips, it is clear the Purple Team knows the value of staying relaxed as the battle for the trophy approaches. While the swim relay’s Gold and Green Teams might possibly be hard at work training in hopes of bringing home a victory, right now Tony, Doug and the other swimmers on the Purple Team are just enjoying a day at the beach.

Community Housing and Resources, Inc. is a 501(c)(3) nonprofit organization

dedicated to providing affordable housing for families and individuals working full-time on Sanibel as well as long-time retired or disabled residents of Sanibel. For more information, visit SanibelCHR.org, or call 472-1189. ✨

Johnson To Join Cooking With The Islands’ Stars



Calli Johnson

photo courtesy The Community House

On Saturday, January 28 starting at 6 p.m., The Community House’s second annual production of Cooking with the Islands’ Stars will bring together four local home chefs. Their stories about their love of cooking and the sharing of their recipes will cap off an evening full of food and fun. You will be one of the first to enjoy the amenities of the newly-renovated Community House. All proceeds go to funding the new Culinary Education Center.

Each week, one of the home chefs will be spotlighted, and this week it is Calli

Johnson of Bailey’s General Store.

Calli brings fresh energy to the Sanibel and Captiva community by joining her family on Sanibel after graduating from the University of Florida with multiple degrees. When she is not cooking or scuba diving, she works with her parents to run Bailey’s General Store and its family of companies. As an at-home chef, Calli has cultivated her love of cooking by impressing (and sometimes disappointing) her family at mealtimes from a young age. She often jokes that many of her roommates in school gained a few pounds from her fantastic cooking. Her love of spearfishing and food melds perfectly into an environmentally friendly perspective on cooking and dining.

To honor this perspective, she will be cooking sustainable lionfish tacos for this year’s event. Her family has long-supported The Community House; her great-grandfather Frank Bailey was a founding member of The Community Association and worked to fund the first building.

As the fourth generation of Bailey family residents and business owners on Sanibel, she is a perfect match for this year’s Cooking With the Islands’ Stars. Her sister, Bailie, and father, Richard, will be assisting her for an evening of great food and great laughs for a great cause!

Purchase your tickets now by calling 472-2155. Admission is \$100 per ticket, or for \$200, you can be one of the lucky few who will sit up front and sample what the home chefs are cooking. ✨

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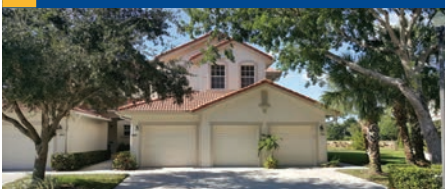
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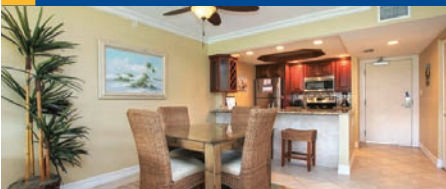
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Jim and Mary Nelson photo courtesy FISH of SanCap

The Power Of Giving To FISH

Mary and Jim Nelson, seasonal Sanibel residents, have always believed in giving back to the communities in which they reside. They want to give back to others in many different ways, and feel fortunate to have the opportunity to have a hand in changing lives. While the Nelsons give to different organizations, when on Sanibel, they have selected FISH as one of those organizations. “For many years, our involvement with FISH was limited to contributing food to the food pantry,” Jim said. “In 2014, when FISH had an opportunity to purchase the Walk-In Center, we were invited to a FISH open house. During the open house, we learned a lot about the food, transportation, counselling and financial needs of island residents, and of how the FISH staff and volunteers are addressing these needs.

“We are impressed with how the FISH staff and volunteers recognize a need, set up a program and get it done. Distributing 40 tons of food, driving 30,000 miles, counselling 200 families, providing 100 families with emergency rent, utilities and medical funds, and providing 75 summer camp or continuing education scholarships really does make a difference in the lives of our neighbors.” FISH has over 40 different programs and services to enhance the lives of everyone that lives on, works in or visits Sanibel and Captiva.

“We encourage our fellow island residents to learn more about FISH by attending an event or visiting the Walk-In Center,” Jim said. “You may be aware of someone who would benefit from FISH services. And you may end up being more involved with FISH, which is what happened to us. Giving, of money or time, is a human connection. We want to make a contribution and know that we are making a difference. We want to feel like we have a connection to the organization we are supporting and know they truly value our commitment and our relationship. What better place is there to give than to FISH, a human social services agency, that serves Sanibel and Captiva and those that work or visit here.”**

From page 1B

Comic Book Expert

and the *Death of Superman* series. Cartoons such as *The Simpsons*, *Beavis & Butthead* and *Ren & Stimpy* were also growing in popularity, with each launching their own comic book series.

“Any time that a comic book is going to be made into a movie or TV show, the time to buy those comics is that same day,” said McDevitt. “If you wait a month or two, or until the movie comes out, the prices of those comics may have doubled or tripled in value... or more. Speculation on values can be pretty aggressive.”

On December 8, McDevitt offered to appraise the value of some comic book collections for a few islanders who visited the library and learn more about the hobby. Two visitors, Bea Fulmer and Karen Silverstein, brought a box filled with about 30 issues of *Classics Illustrated*, a long-running comic book series featuring adaptations of literary classics.

One-by-one, McDevitt sorted through the collection, noting that some of the titles – such as *Abraham Lincoln* and *Benjamin Franklin* – might have a higher value based upon the subject matter. Other titles in their collection included *The Three Musketeers*, *Journey to the Center of the Earth* and *Davy Crockett*.

However, none of the comics appraised very high.

“I have a lot of these in my store, and I typically sell them for between \$3 and \$5 each,” McDevitt told the women, noting the condition (i.e. yellowed pages, cracked bindings and folded or torn covers) greatly decreases their value. “Keeping them in plastic would be helpful... you want to store comics in a dark, cool and dry place.”

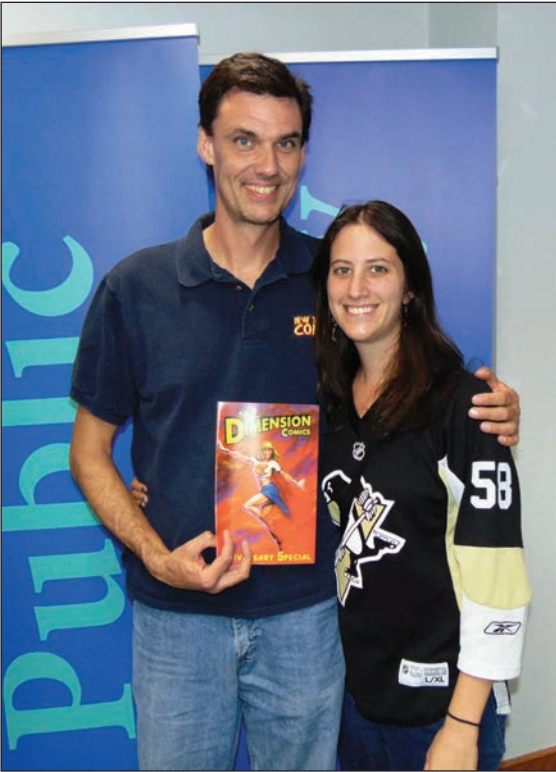
Telling a collector that their books aren’t significantly valuable is one aspect of the business that McDevitt doesn’t relish. But every once in a while, he is able to put a huge smile on somebody’s face.

“I had this lady bring in a bunch of her husband’s old comics... he had some single-digit *Superman* books and a *Batman* #8,” he recalled. “I ended up writing her a nice check. And I heard that she went car shopping the next day.”

McDevitt advised that people looking to find valuable comic books should look for superhero comics with a 10 cent pricetag on the cover (found on vintage issues between the 1930s and early 1950s). Of course, he also encouraged people to buy comics not simply as an investment, but for their own personal enjoyment.

“This is a business first for me, but there’s always a little emotional attachment to it,” he added. “Not too long ago, people who read comic books were sort of thought of as outcasts. But now I see them every day. It’s fairly common to see somebody sitting on the beach, reading their favorite comic book.”

For more information, contact Todd McDevitt via email at todd@ndcomics.com or visit www.AlwaysBuyingComics.com.**



Comic book expert Todd McDevitt and Amanda Bowen, visiting from Pittsburgh photo by Jeff Lysiak

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From left, Bank of the Islands' Willy Ocasio and Rob Lisenbee, winner Gretchen Falk, and Shell Museum's Dorrie Hipschman and Melanie Moraga photo courtesy BOTI

Bank Donates To Shell Museum

Bank of the Islands recently made its latest non profit donations through its We Love Our Islands program. The lucky winner was islander Gretchen Falk, who was spotted with a We Love Our Islands decal on her vehicle, winning her the right to select which local non profit group would receive a charitable contribution from Bank of the Islands. She chose to donate her winnings of \$1,500 to the National Shell Museum.

"The Bailey-Matthews National Shell Museum is an island treasure," said Willy Ocasio, Bank of the Islands' assistant vice president and Sanibel-Captiva office manager. "Renowned across the country and around the world, the museum is constantly upgrading its programming, including the recently launched and well-received Shell Ambassadors program. Thanks to Gretchen for making the Shell Museum the bank's most recent We Love Our Islands beneficiary. This is such a great way to show how much we appreciate being your island bank."

All islanders are invited to stop by the bank's Sanibel and Captiva offices to get a free We Love Our Islands decal and details on how you and your favorite charity can become the next lucky winners.✧

Civic Core Campaign To Get Under Way

On December 6, the Sanibel City Council approved the language and process to provide a public referendum vote on March 7, 2017 during the municipal elections that will enable the Sanibel community to decide the future of the proposed Civic and Cultural Core (CCP) project.

The CCP opportunity was originally brought forth by the city to various nonprofits in 2014. The CCP concept is intended to meet the needs and unite the interests of three Sanibel nonprofit service organizations while leveraging costs for much-needed new facilities: Island Seniors, Inc. (Center 4 Life), Sanibel Community Association and BIG ARTS; and to provide beautiful greens, gardens and gathering spaces for the community.

The unanimous city council vote to provide the required referendum now enables the volunteer working group to move forward with a robust and comprehensive community information and listening campaign intended to increase project awareness and understanding, communicate all the facts available and gather input from the community. The campaign, which launches next week, will include:

- Three to four public town hall meetings at strategic locations throughout the island, convenient to various neighborhoods
- Regular (weekly or bi-weekly) press release updates in print and through online news outlets
- Immediate posting of all progress in real time on the CCP website, which

was launched early this past summer

- Half page ads in all print publications with notice of time and date of all town hall meetings
- Email notices to the respective nonprofits' members (SCA, Center 4 Life and BIG ARTS) and to the database/membership roster of any other nonprofits wishing to participate
- Hardcopy packets and printed materials available at all meetings
- Copies of all articles and informational material posted electronically on the CCP website in PDF form which can be downloaded and printed.

The public information campaign throughout December, January, February and the first week in March continues and intensifies two years of public outreach and ongoing information, which included two city council workshops, approximately 19 press feature articles and releases, and posting of all materials, city workshop presentations and updates on the CCP project website relative to vision, cost, plans, timeline, budget and community benefit. The volunteer organizers are committed to further supporting and refining the project in concert with city guidance and public input.

The working group and all volunteers involved with the CCP project are committed to making sure the concept and its development are by the community and for the community, is in keeping with the Sanibel Plan and enriches the quality of life on the island. The project volunteer support group encourages anyone interested in working on the campaign, wishing to give input, or wanting to learn more, to contact any committee member directly, visit www.sanibelccp.org or email info@ccp.org.✧

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Sponsor Shares Heart Walk Story

submitted by Sandy Teager

The Sanibel/Captiva Heart Walk has been fortunate to have a number of sponsors who show their support every year. For the past two years Lily's has donated a \$2,500 gift certificate to be sold through the Heart Walk silent auction. For the 2017 walk, Dan Schuyler and his "Lily's family" decided to become a silver sponsor.

I know that Lily's has always prided itself on being a member of the "generous donor" contingent of Sanibel businesses and residents, but I was curious if there was any special reason for choosing the Heart Walk as one of their recipients.

When I asked Dan about Lily's support, he filled me in on his pride at being the owner of the historic building in which his store is located. I had seen the historical markers, but had not fully realized that the original building was constructed in 1915, originally owned by the Florida Baptist Convention of Jacksonville. In 1929, it opened as a school for African-American children during Lee County's efforts to update educational facilities throughout the county. The school remained in service until around 1963, when the current Sanibel Elementary School, the island's first integrated school, was built. On July 8, 1999, the historic Sanibel school was added to the U.S. National Register of Historic Places and



Lily & Co. co-owner Dan Schuyler, center, with wife Sharon, left, Lily's co-owner Karen Bell, right, and store staff photo courtesy Lily & Co..

stands as one of only three historic schools for black children in Lee County.

As I probed a little deeper, I heard how Dan and his wife Sharon ended up moving to Sanibel and partnering with realtor and philanthropist Karen Bell to open Lily & Co. Jewelers. What I also heard was Dan's personal story of his heart attack. He admits he had not been taking good care of himself, was overweight, under stress and "a walking time bomb."

It took a few more years for Dan to come to grips with the fact that he had not only his own family but also the Lily family that counts on his being alive and well. At that point he found a special doctor in Naples whom he worked with to address the project of becoming healthy in mind and body. He lost 50 pounds, got off all medications and took up tennis, which became a passion.

Because we are going to have CPR demonstrations at this year's Heart Walk, I asked if anyone at Lily's is trained in CPR. Dan immediately answered "yes" and told me that one of his managers is a certified nurse. Dan and Karen are proud that they have a "healthy store" staffed with active people, including some who practice yoga and meditation. They also have formed a team to participate in the Robbie's Run 5K which raises funds for the Ronald McDonald Care Mobile.

The Sanibel/Captiva Heart Walk will take place on Sunday, January 29 starting at 1 p.m. It will begin at the parking lot behind the new Doc Ford's Rum Bar & Grille on Tarpon Bay Road and will move along Island Inn Road as in previous years.

The event will continue to be an occasion for the entire family, including pets. It will feature refreshments, entertainment provided by Thank You for the Dance, a silent auction and T-shirts. Handicapped parking will be available at Lily's. We welcome people of all different physical abilities to join the festivities, whether or not you choose to walk the 5K route down Island Inn Road.

Proceeds support the American Heart Association's lifesaving research, education and advocacy programs that have helped our island friends and neighbors survive their heart events and go on to lead healthy, productive lives. This is the fourth consecutive year that The Sanibel Captiva Trust Company has been a platinum sponsor, and Il Cielo Restaurant is a platinum sponsor for the second time. In-kind sponsors include Bailey's General Store, Doc Ford's Rum Bar and Grille and South Seas Plantation.

Sponsorships are available by contacting Kelly Goodwien, Lee Heart Walk Director, AHA, at 340-2407 or emailing kelly.goodwien@heart.org. To learn more, visit www.SanibelCaptivaHeartWalk.org.

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by Jeanie Tinch

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- Sunbrella features a soil and stain-resistant finish, so it's very easy to clean. You can spot wash your fabrics by sponging briskly with a soapy solution of natural soap in lukewarm water. Then, simply rinse thoroughly with clean water to remove the soap and let the fabric air dry.
- These solution-dyed yarns do not promote mildew growth. However, mildew may grow on dirt and other foreign substances that are not removed from the fabric. To remove mildew stains, prepare a mild solution of one cup bleach plus two caps full of a natural soap per gallon of water. Spray on entire area, and allow to soak in. Sponge thoroughly with clean water, and let air dry.

You'll find this fabulous fabric available

for use throughout your home. From decks, patios and poolside to dining rooms, family rooms and even the kitchen and bath. So, if refreshing your outdoor décor is in your future, why not

give this fabulous fabric a look – you won't be disappointed!

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coincdecden.com.✱

ISLAND SUN BUSINESS NEWSMAKERS

Top Producers



Sally Davies



Cathy Rosario



McMurray & Nette

Royal Shell's Sanibel/Captiva Office announced its top producers for November. The top listing team was McMurray & Nette and the top listing producer was Sally Davies. The top sales team was McMurray & Nette and the top sales producer was Cathy Rosario.✱

Women's March On Washington, DC

On Saturday, January 21 at 10 a.m., Washington DC's Lincoln Memorial will be the gathering site for supporters from both sides of the political aisle marching together to hold the new administration accountable for any violation of human or women's rights.

Gather your family members, friends and all like-minded people who understand action is better than words.

Bus transportation is available with signup at <http://rallybus.net/womens-march-on-washington> and on Facebook at <https://facebook.com/groups/WomenMarchFloridaCollierLee/>. Spirit Airlines flies roundtrip to Baltimore.✱

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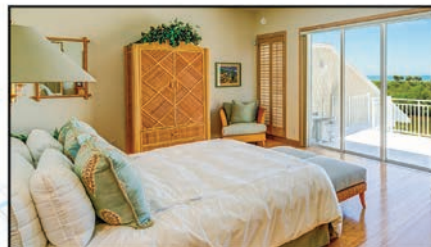
Open House on the Beach



Directions:
From corner of Tarpon Bay Rd. and San Cap Rd. go North toward Captiva about 4 miles. Look for the sign Gulf Ridge/Buckthorn Drive - take left. Go down tree lined entry road to stop sign and take right. House on beach side (left side of road).

OPEN HOUSE GULF FRONT
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Zonta Club Offering Women's Empowerment Series At BIG ARTS



A crowd at BIG ARTS listens attentively to Rev. Becca Stevens on December 1
photo courtesy Zonta Club

After a successful appearance by CNN Hero the Rev. Becca Stevens at BIG ARTS, the Zonta Club of Sanibel-Captiva hopes to attract an equally enthusiastic audience for the next installment of their Women's Empowerment Series, presented in partnership with BIG ARTS. It is scheduled for Thursday, January 5 beginning at 7 p.m. at BIG ARTS Schein Hall, located at 900 Dunlop Road on Sanibel.

Stevens, founder of Thistle Farms, a social enterprise and community of women who rescue victims of human trafficking, addiction and prostitution, spoke on December 1 to an audience of nearly 200 people. The program was the first in the series of three designed to stimulate a community conversation about freedom through economic empowerment.

The program on January 5 will feature a segment of the PBS documentary, *A Path*

Appears by Pulitzer Prize winners Nicholas Kristof and Sheryl WuDunn, followed by a panel discussion moderated by Sarah Owen, president and CEO of Southwest Florida Community Foundation.

A Path Appears addresses lasting change through economic opportunity. The panel will be composed of representatives from local non-profits focusing on economic opportunities; two local women will also share their inspiring stories of empowerment and success. The panel will include Barbara Dell, founder and CEO of Dress for Success Southwest Florida, Inc; Dorothy Browning, program manager, community education, Goodwill Opportunity Center of Southwest Florida; Dr. Debra Mathinos, director of lifelong learning, the Heights Foundation; and Lucy Garcia, CEO and counselor, Organizacion Internacional de Latinos en el Exterior of Southwest Florida, Inc. (OILE).

Also joining the panel will be Jamie Rosseland, assistant marketing manager of Rethreaded, a Jacksonville non-profit that seeks to break the cycle of the sex trade by offering creative, viable work to its clients. The company's products – accessories and home goods made from recycled T-shirts – will be for sale after the program, as will products made by the panel's local groups. Attendees may bring new or used T-shirts (with no side seams, please) for donation to Rethreaded.

The third and final program in the series will be held on Thursday, February 2, featuring *Half The Sky*, another documentary by Kristof and WuDunn. More details are available on Zonta's website.

Seating is limited and tickets are \$15, available at the BIG ARTS box office or by visiting www.BIGARTS.org. To learn more about Zonta, visit www.zontasancap.com.✱

Teen Glow Night At Trampoline Park

Teens from the Sanibel Recreation Center are invited to jump the night away at Sky Zone Indoor Trampoline Park on Friday, December 16. Glow Night is a fun filled night of jumping, diving and bouncing under black lights and lasers. Admission is only \$12 per person, which includes one pair of Sky Socks and is paid by the participant at Sky Zone. Teens must be wearing a white shirt for entry into

the glow event. Don't forget a few extra dollars for a food stop before Sky Zone.

Register now at the Sanibel Recreation Center. Cost is only \$5 for rec center members and \$6 for non-members.

The van will leave the Sanibel Recreation Center at 6 p.m. and the approximate return time is 11 p.m. Middle schoolers in grades six through eight are welcome. Van seating is limited.

For more information, call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.✱

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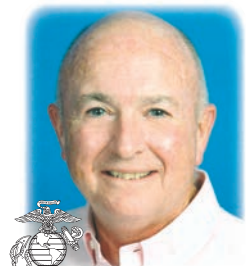
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Qualified Plans Into Testamentary Trusts



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

“Carmen” had a daughter “Julie” who had disabilities and was on Medicaid among other government programs. When Carmen prepared her estate plan, she told her attorney about Julie’s disabilities and government benefits. As opposed to Medicare which most retirees are eligible for, Medicaid is a government health care program for those without money or income. In fact, an individual must have less than \$2,000 of assets and may only have income of \$2,094/month in order to so qualify. Any amounts above that would usually disqualify the recipient from receiving Medicaid

benefits.

So Carmen did not want the amounts that she was leaving Julie to disqualify Julie from receiving her Medicaid benefits. Carmen’s estate-planning attorney did an excellent job drafting a Special Needs Trust naming Julie as a beneficiary after Carmen’s passing.

Special Needs Trusts (also known as Supplemental Needs Trusts) are designed to provide for those “extras” or necessities that the government may not provide for, while at the same time not disqualifying the beneficiary from receiving much-needed government assistance. Those extras might include a single room in a care facility as opposed to a double room, a home, automobile, travel to visit relatives or even some prescription drugs.

While the attorney drafted an excellent trust, he did not consider something very important. Most of Carmen’s assets were in the form of IRA accounts. When Carmen withdraws money from her IRA account, the amount withdrawn is taxable income to Carmen. When Carmen dies naming Julie’s Special Needs Trust as the beneficiary, a number of serious tax problems arise.

First, the beneficiary of an IRA (who is not the spouse of the deceased) following the account owner’s death will have Required Minimum Distributions (RMDs) even if the beneficiary is not yet 70½ years old. Although in general the beneficiary may stretch out the RMDs over the beneficiary’s lifetime.

When a trust is named as the beneficiary, however, there are special IRS rules that must be met for the trust beneficiary to be considered the beneficiary of the IRA, enabling the “stretch out.” These are known as the “identifiable beneficiary”

rules. If all five of the identifiable beneficiary rules are not met, then the inherited IRA will generally distribute all of the assets in the year following the account owner’s death into the trust.

Special Needs Trusts, because they accumulate income, generally do not qualify the beneficiary as “identifiable.” So Carmen’s IRA would have distributed the entire account balance to the trust at Carmen’s death. This is a bad result since it results in the recognition of all of the income and hence the payment of the income tax, plus Julie lost all of the potential tax deferred growth over the course of her lifetime.

But this isn’t the end of the bad news. Since the Special Needs Trust is designed to hold all of the money that came into it, and only disburse it for those items that would not disqualify Julie from receiving Medicaid benefits, it accumulates all of the taxable income rather than distributing it. Testamentary (after death) irrevocable trusts (like the special needs trust) that accumulate income subject that income to a compressed income tax rate schedule. What this means is that to the extent that the distributions exceed \$12,000 of taxable income, the highest marginal income tax bracket (39.6 percent) applies. Further, an additional Affordable Care Act (Obamacare) Medicare surtax of 3.8 percent would likely apply, resulting in a whopping 44.4 percent of the IRA benefits being lost to Uncle Sam in the year following Carmen’s death.

There are methods to plan around this potential disaster, and fortunately Carmen did amend her trust and therefore Julie will be well taken care of. This true story illustrates the importance of considering not only the legal aspects of estate planning, but the income tax planning aspects of the plan as well.

If a significant portion of your net worth is held in IRA or other qualified plan accounts, it behooves you to discuss the income tax consequences of your planning with a knowledgeable estate planning attorney.

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Pickleball Coming To Sundial Resort

Sundial Beach Resort & Spa has announced the addition of 12 regulation pickleball courts to its lineup of resort amenities and public offerings. The Plexicushion system courts will provide the area with state-of-the-art tournament-grade facilities in a beautiful, lake-front setting. Construction is under way, with an anticipated early spring opening.

Pickleball was invented in 1965 as the result of family boredom and ingenuity and has enjoyed a rapidly growing burst of popularity. A combination of tennis, badminton and table tennis, it now claims the title of the “fastest growing sport in North America.” Suitable for all ages and skill levels, the sport is a game of shot placement rather than strength and may be played at a leisurely pace or highly competitive tournament level.

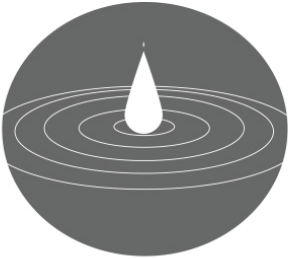
“We’re looking forward to bringing a quality, state-of-the-art pickleball facility to Southwest Florida” said Phillip Starling, Sundial’s general manager. “Not only will Sundial be the first area resort to offer onsite, stand-alone courts to guests, we’ll also be providing a resource for local and tournament play in our region.”

Erica Cossairt, Director of Tennis, will oversee Sundial’s pickleball program and league play. Lessons, round robins and clinics for all ages will be available to both resort guests, residents and visitors.

Introductory pickleball memberships will be offered to the public at \$250 annually or a \$5 guest fee per person per hour. Guests of the resort will enjoy complimentary access as part of Sundial’s activity package.

In addition, the resort plans to host USA Pickleball Association Tournament play including competition for all levels and ages with its inaugural tournament planned for later in the year.

For information on memberships and pickleball, email pickleball@sundialresort.com or call 395-6037.✴



THE ISLAND WATER ASSOCIATION, INC

It is election time at IWA again, and next year three seats on our Board of Directors will be up for election. The seats are currently held by Paul E. Garvey, Jim Griffith and Lewis Garrett Dutton Jr. Mr. Garvey is running for his 3rd term, and Mr. Griffith and Mr. Dutton are completing their 3rd and final terms.

IWA is governed by a five member Board of Directors who serve without pay. Directors must be residents of Sanibel or Captiva, so that they can attend all Board meetings, and must be IWA Members or an official representative of a condominium or other IWA Corporate Member. Directors must have no conflict of interest, including but not limited to, active involvement in an enterprise which could potentially do business with IWA or which could benefit from involvement with IWA.

Meetings are normally held on the fourth Tuesday of every month. Directors are elected by the Membership at IWA’s Annual Meeting to be held in April. Anyone who would like to run for one of the open seats should contact our Board Recording Secretary, Beau Stanley, at (239) 472-2113 (extension 114) or by e-mail at beau@islandwater.com by **no later than January 6, 2017.** Background checks are required on all Board candidates.

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Kingfisher Vacations Looking Forward To New Home



The building on Palm Ridge Road prior to the renovation process

images courtesy Kingfisher Vacations

by Jeff Lysiak

When the calendar flips to 2017, the owners of Kingfisher Vacations – Jeff and Phaidra McDermott – will be moving into their newly-renovated offices on Palm Ridge Road. And not only will the facility be new for the property management business, the exterior of the building will have a completely refurbished appearance.

“When we purchased the building last spring, we knew we would be rehabbing it inside and out as it stood basically untouched since 1974... but we were ready for the challenge,” said Phaidra McDermott. “With this building having only been owned by one owner since 1974, we felt as though we were also procuring a bit of Sanibel history as well.”

Like the façade rehabilitation project completed earlier this year at Huxter’s Deli & Liquor Store on Periwinkle Way, the McDermotts were looking to redesign their structure, located at 2402 Palm Ridge Road. According to the couple, the new design for the Kingfisher Vacations headquarters reflects an “eclectic island style” combining Olde Florida and Caribbean influences.

“Unique features such as the artistically-styled wave roof cresting enhance the elevation,” McDermott said. “Decorative gables will provide dimension and tabby shell stucco will add island flair.”

Last month, the McDermotts brought their application to the Sanibel Planning



An artist's rendering of what the Kingfisher Vacations building will look like once the renovations are completed

Commission.

“The subject building accommodates four commercial units, two of which will be used by Kingfisher Property Management. Tenancy of the remaining two units is currently undetermined,” said city planner Craig Chandler. “In addition to the four commercial units, there is a lawfully-existing dwelling unit within the same building. The interior of the building is currently undergoing renovations, permitted by the planning and building departments.”

According to Chandler, the building lies within the minimum required 100-foot front yard setback from Palm Ridge Road and within the minimum 25-foot setback required along the southeast side property line. A waiver had been requested because the proposed building modifications would not comply with those minimum setback requirements.

Following the public hearing, commissioners voted 6 to 0 in favor of approving the waiver, with commissioner Jason Maughan abstaining due to an existing professional relationship with the applicants.

McDermott noted that renovations at the building are “diligently under way.”

“We are excited about our approval and thankful to the city for allowing us to enhance our building. These tropically-styled improvements will benefit the historically significant Palm Ridge commercial area,” she added. “We hope to have our vacation rental company, Kingfisher Vacations, here in its new location by the first of the year. We feel very fortunate to own this most unique property and look forward to many wonderful years to come in this fantastic location as our company grows.”**

Lee County Has Two Top Hospitals

For the first time, Lee Health’s Golisano Children’s Hospital of Southwest Florida and Cape Coral Hospital have been named Top Hospitals by The Leapfrog Group. Only 115 hospitals in the country, including 11 in Florida, earned this distinction. The honor highlights each hospital’s commitment to patient safety and quality.

Since it opened in 1994, Golisano Children’s Hospital has been a hospital within a hospital at HealthPark Medical Center. Through the years, services have expanded to include specialty care areas such as the Level II and Level III neonatal intensive care units, a Regional

Perinatal Intensive Care Center and pediatric emergency services. Now, construction is nearly complete on a new, 300,000-square foot, seven-story facility on the HealthPark Medical Center campus.

“Golisano Children’s Hospital was one of only nine children’s hospitals in the nation to earn the Top Hospital honor from The Leapfrog Group,” said Kathy Bridge-Liles, chief administrative officer, Golisano Children’s Hospital. “Our mission has always been to keep children close to home for the medical care they require. This Top Hospital endorsement from The Leapfrog Group shows that the care is not just available, but that it is leading-edge, safe and of the highest quality.”

Earlier this fall, Cape Coral Hospital

earned an ‘A’ for patient safety from The Leapfrog Group.

“We were very proud of that recognition,” said Scott Kashman, chief administrative officer, Cape Coral Hospital. “Now, we are excited to receive the distinction of being one of only 56 general hospitals in the country to be named a Top Hospital. Patient safety is the No. 1 core value of our hospital and the entire Lee Health system. We are dedicated to providing

the highest level of compassionate, safe care for every patient and family in our care.”

The selection of Top Hospitals is based on the results of the 2016 Leapfrog Hospital Survey. Performance across many areas of hospital care is considered, including infection rates, maternity care and a hospital’s ability to prevent medication errors. The rigorous standards are defined in each year’s Top Hospital methodology.**

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Rotary Happenings

submitted by Shirley Jewell

It's beginning to look a lot like Christmas everywhere you go on the islands. On Friday, December 1 on Sanibel and on Saturday, December 2 on Captiva, Luminary captured the spirit of the holidays with awe-inspiring light displays and merchant open houses with delicious treats for islanders and visitors. The Sanibel-Captiva Rotary Club Rotarians, organized by John Carney, placed the luminaries along the trail, setting the stage for the evening. Just before sunset, the Sanibel Kiwanis Club lit the luminaries, and a magical spell took over, signaling the start of the most beautiful time of the year. Although the holiday spirit is in the air, Rotarians are also thinking ahead to the new year and the Rotary Arts & Crafts Fair on February 18 and 19. Our



Jack Tumbarello
photo courtesy Sanibel-Captiva Rotary Club
hardworking Arts & Crafts Fair committees have already been working on a selection of participating artists and craftsmen. This year there will be a new feature at the fair: a food court area. Grab some great food and then leisurely stroll the grounds and find that perfect gift for yourself or family

and friends, while helping SanCap Rotary raise funds to support the club's charitable efforts. To help you find your way around the fair, SanCap Rotary produces a tab-size directory with listings for booth locations and special features of the fair. The directory also provides an opportunity for local businesses and nonprofits to support Sanibel-Captiva Rotary by purchasing ad space, promoting their stores or services. This ad sales effort is already under way. At the December 1 meeting, we welcomed back guest speaker Jack Tumbarello, broker-owner of Steelbridge Realty LLC, and director of the South West Florida Real Estate Investment Association. Tumbarello is the local expert and source of data for current trends in real estate sales. He performs market metrics and product modeling for the capital markets and several private equity firms. Tumbarello's name may sound familiar since he worked with national media outlets regarding foreclosure statistics during the real estate market downfall in the early 2000s. Tumbarello brought to light some

points to help frame a narrative on the current market. According to Tumbarello, the market has been on the uptick for a few years but has not fully recovered to the boom years before the recession. Developers are building again, but watchful of controlling construction phases, keeping in mind a sustainable number of houses for the market. Sales are mostly level, with a steady climb in most areas of Lee County. Sales on Sanibel are down a little, but inventory on the island is low and pricing is high. Older customers are driving the local real estate market with all cash offers. The area remains attractive to Baby Boomers. Water issues show some concern but only when brought up in the news. Traffic is of some concern, but traffic is a concern for most desirable areas. Investment properties are still available, but buying opportunities of cheap foreclosures have definitively declined. This past November showed a 5 percent increase in sales volume. *The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.**

Insurance Tip

Citizens Rates Will Be Increasing Once Again



by Angela Larson Roehl

The Florida Office of Insurance Regulation has approved Citizens rates to reflect an average 6.7 rate increase effective February 1.

Steps you can take to lower your wind insurance premium:

Talk with an insurance professional to

discuss coverage and deductibles. Though I don't imply that you under insure your home to save a dollar or two, I would suggest that you review coverages that can be lowered, should your need for the particular coverage be less.

It may also benefit you to have a Wind Mitigation Inspection done. The Wind Mitigation Inspection will state the building features your home has to mitigate a wind loss, and additional credits may be applicable. You should contact your insurance agent before having a Wind Mitigation done, as your agent will be able to review your current mitigation credits on your policy, and relay any potential savings should you meet additional mitigation criteria.

Angela Larson Roehl is a local Sanibel-Captiva insurance agent with over 20 years of insurance experience, who can be reached at info@rosierinsurance.com.*

Convenient Care Planned Near Gulf Coast

A new Lee Convenient Care and Lee Physician Group (LPG) multi-specialty practices are planned to open next year on Metro Parkway, near Gulf Coast Medical Center. Lee Health Board of Directors approved a lease with Metro-Daniels (North Parcel) Investors, LLC, for 40,000 square feet of space in a new facility to be constructed and ready for occupancy in the fall of 2017.

"This new location will help to align multi-specialty services of Lee Physician Group and centralize support services for efficiency," said Dave Cato, chief administrative officer, Lee Health Outpatient Services.

Housing the fourth Lee Convenient

Care location in Lee County, the new facility will provide urgent care services as an alternative to the emergency department for treatment of non-life threatening injury or illness with the expertise of skilled physicians in a state-of-the-art clinic.

Convenient Care centers are located throughout Lee County and offer high quality, walk-in medical care for adults and children in a cost effective, comfortable environment from 7 a.m. to 7 p.m., seven days per week (except some major holidays).

Convenient Care is appropriate when you have a non-life-threatening emergency, you're unable to get an appointment with your primary care doctor or you don't have a regular doctor. No appointment or referral is necessary, and most insurance is accepted.

"Convenient Care is helpful for individuals who don't have a primary care physician, and it's a great alternative to using the emergency department for non-life-threatening medical issues – especially during season," explained Kris Fay, chief administrative officer of Lee Physician Group. "It gives the community immediate access to quality, hospital-affiliated health care provided by our trusted Lee Physician Group physicians and skilled nurses."

For more information, visit www.LeeHealth.org.*

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In a brief respite from the rain, the players convened on The Dunes practice green for a photo
photo courtesy DWGA

Dunes Women To Hold Golf Tournament Fundraiser In February

submitted by Gussie Blue

The Dunes Women's Golf Association (DWGA) held its annual Play For Pink tournament last January, and raised \$20,000 for the Breast Cancer Research Foundation (BCRF). This organization, funded by Estee Lauder, Wilson, Bloomberg and Elite Travel, donates 100 percent of money raised to support breast cancer research.

If you were on the island last January, you will recall rain, lots of rain. So much rain, in fact that on that day (like many others that winter), golf could not be played. The fundraising success came about through the generosity of the players who turned up for lunch and to donate funds, bid on auction items and purchase raffle tickets, as well as through the support of many island residents and businesses.

The club thanks those island businesses who so supported the cause, including the Sanibel Captiva Trust Company, Sanibel Captiva Community Bank, and the Hanser Foundation. Hole Sponsors included Bailey's General Store, Bank of the Islands, Barrier Island Title, Doc Ford's, H2O Outfitters, Jerry's Foods, John R. Wood Realtors, Rosier Insurance, Sanibel Day Spa, Starfish Grille and Traders. Also, thank you to the many Dunes members who opened up their hearts and their wallets to sponsor both holes and carts in the names of loved ones and friends.

The following local and island businesses provided items to be auctioned: Congress Jewelers, Doris Zogas, Erica Cossairt, Sundial Resort & Spa, Lucas Century, Miguel Hnatow, Sanibel Day Spa, The Sanibel Inn, The Sanibel Sea School, South Seas Island Resort, Stone Harbor Golf Club, The Dunes Golf & Tennis Club, Tween Waters Inn and Vera Bradley.

Bennet's and Floral Artistry provided donations in support of the event.

The following individuals and businesses donated raffle items: Adventures in Paradise, Billy's Bikes, B-Unique, Bonefish Grill, Cape Nails, Cip's Place, The Crab Shack, Eileen Fisher, Finemore's Cycle Shop, Gale's Design, Home Goods, The Island Cow, Jacaranda, The Lazy Flamingo, Lighthouse Café, Linda Miller, MacIntosh Books, Massage Envy, McLaughlin's, Mike Dutton, Nail Spa, Sanibel Surf Shop, Sanibel Home Furnishings, The Dunes Golf & Tennis Club, Target, Three Crafty Ladies, Timbers, Traders and Whims.

The committee is looking forward to another successful fundraiser to benefit the Breast Cancer Research Foundation on Saturday, February 18 of next year.✽

Mobile Mammogram Returning

The Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road, will host the Radiology Regional Center's Mobile Mammo Coach from 9 a.m. to 1 p.m. on Tuesday, December 27.

For an appointment or questions relative to the test, call the Radiology Regional Center at 936-4068.

The Mobile Mammo Coach is a

state-of-the-art breast imaging clinic, providing full-field digital mammography services. Most insurances are accepted and discounted self-pay pricing is available.

According to estimates from the American Cancer Society, one in eight women will be diagnosed with breast cancer. More importantly, with early detection, the survival rate for an early diagnosed breast cancer at five years is better than 97 percent. Mammography is one aspect of breast health, in addition to a monthly self-exam and an annual physician exam.

For more information, call 472-0345 or visit www.mysanibel.com.✽

BeautifulLife:

Celebrating Paul

by Kay Casperson



This week, I attended a beautiful celebration of the life of a very special person and dear friend to our islands – Paul McCarthy. It was a wonderful outpouring of love,

admiration and memories of a person who touched our hearts and made an impact on all those lucky enough to have been around him. He continued to breathe life into our islands and kept people moving in many directions to accomplish things that most people looked at as, just too complicated. He certainly kept things going and would not give in to the words: "we can't do that" or "that will never get done" or "that hasn't been done before." I have been living on these islands for many years and as a fellow Captiva Yacht Club member, Captiva Civic Association Member, Sanibel and Captiva business owner and friend, I know that the islands will miss him dearly and will have to step up a notch to keep his legacy going with the enthusiasm that he had for life and success.

Paul came to these islands and created a life here because he felt right away how unique and beautiful it was. He, like many of us, decided years ago that helping to make people's lives better that visited here was extremely fulfilling, and he clearly had a passion for doing so. I love what one of his friends wrote in his legacy: *An Irish Blessing – Death leaves a heartache no one can heal; love leaves a memory no one can steal. Yes Paul will be dearly missed but he will live on in our hearts and in the things that we do as a community to keep his spirit alive. Guests of the Celebration were given two seashells upon entering the tent – one to throw off the dock and one to keep as a memory. My memory of Paul will always be his bright, cheery smile, enthusiasm for life and warm hugs as he so generously gave to many!*

My affirmation for the week is:

"I celebrate life everyday and continue to help others see the beauty in all that surrounds them."

Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, wellness, apparel and accessories, and operates four Lifestyle Spa & Boutique locations in Southwest Florida and Orlando. Learn more at kaycasperson.com.✽

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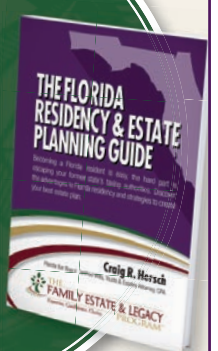
Craig R. Hersch

Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA
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- 3 BR/4 BA direct Gulf access canal with dock and lift
- Elevator, fireplace, multiple lanais with Bay views
- **\$2,895,000** EUR €2,720,072

2. Gulf Front, South Seas - Captiva

- 4 BR/3 BA completely renovated & decorator furnished
- Nightly rentals, excellent income
- **\$3,495,000** EUR €3,143,579

3. Colony Beach Estates - Sanibel

- 4BR/4BA Direct Gulf front gated community
- Gorgeously updated throughout
- **\$3,199,000** EUR €2,877,341

4. Gorgeous Beach View Home

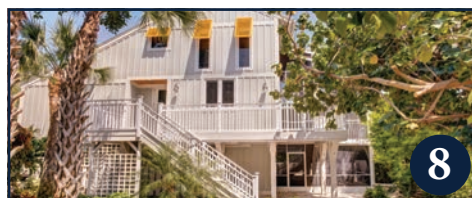
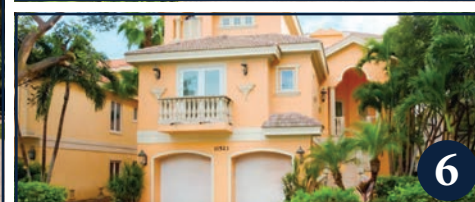
- 5 BR/3.5 BA - Lake View, cul-de-sac
- Completely remodeled in 2013-2014
- **\$2,495,000** EUR €2,225,095

5. Luxury Meets Location - Sanibel

- 4 BR/5 BA Butterknife home built in 2004
- Large gourmet kitchen, steps to the beach
- **\$1,849,000** EUR €1,663,083

6. Heart of Captiva Village; "Belle Mar"

- 5 BR/ 5.5 BA stunning courtyard pool home
- Concrete construction, Steps to the beach
- **\$2,599,000** EUR €2,383,113



7. Panoramic Bay Front Views On Captiva

- 4 BR/4.5 BA - Beach access nearby
- Boat dock/lift, open kitchen, swimming pool
- **\$2,295,000** EUR € 2,156,326

8. Captiva Village

- 4 BR/3 BA - "Beach Lodge", turnkey home
- Impact glass, salt water pool, granite, stainless
- **\$1,895,000** EUR €1,737,591

9. South Seas Island Resort Condos

- 1 BR/2 BA Bayside Villa - **\$315,000**
- 1 BR/1 BA Tennis Villa - **\$254,000**
- Fantastic values for Captiva Island

10. Ferry Landing - Bayfront on Sanibel

- 3 BR/2 BA with stunning Bay Views
- Community boat dock, swimming pool & tennis
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11. Snug Harbor Town Home - Sanibel

- 3 BR/2 BA with partial Gulf views
- Updated throughout, weekly rentals
- **\$739,000** EUR €696,873

12. Pointe Santo Best Buys

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Homecoming For Chris Sale Who Returns In A Red Sox Uniform



by Ed Frank

In less than two months, five-time All-Star pitcher Chris Sale is coming home – home to where he dazzled collegiate pitching at Florida Gulf Coast University that earned him a first-round draft selection by the Chicago White Sox in 2010.

Last week, in the biggest off-season deal of the year, Sale was traded by the White Sox to the Boston Red Sox, who gave up the

No. 1 prospect in all of baseball to get the lanky hurler. So come February, Sale will return to Fort Myers when the Red Sox open Spring Training at JetBlue Park just a few miles away from his old college campus.

The trade immediately made the talent-heavy Red Sox the favorite to win the American League title next season and a 6-1 odds favorite to win the World Series, trailing only the defending champion Chicago Cubs at 15-4, according the Las Vegas Super Book.

Sale is one of the very few in baseball history to reach the Major Leagues in his first year as a professional. He posted a 74-49 record with the White Sox from 2010 to 2016 with a solid ERA of 2.97, while recording 1,238 strikeouts and leading the American League in Ks in 2015.

Now with the Red Sox, he joins a starting pitching rotation of David Price, another five-time All-Star and the 2012 American League Cy Young Award winner, and Rick Porcello, the reigning AL Cy Young Award winner.

Take that pitching staff, coupled with a powerful offense that includes Mookie Betts, Dustin Pedroia, Hanley Ramirez and Xander Bogaerts, and you quickly get the picture why the Red Sox are tabbed to reach the World Series next year.

While Boston gave up a lot of potential talent to obtain Sale, he is owed a modest \$38 million remaining over the next three years.

White Sox General Manager Rick Hahn admitted he hated to part company with Sale, but he got a boatload of talent in return.

Key to the transaction was the acquisition of 21-year-old infielder Yoan Moncada, who is rated the No. 1 prospect in baseball by MLB.com. The Red Sox had invested nearly \$70 million in Moncada that included a \$34 million signing bonus and a \$34 million fine by baseball for exceeding the international signing pool.

In addition to Moncada, the Red Sox traded away fire-ball pitcher Michael Kopech, rated No. 30 among prospects, and two other minor leaguers.

In the 18 months since the Red Sox hired the shrewd Dave Dombrowski as president of baseball operations, he has lived up to his reputation as a remarkable wheeler and dealer.

The very day he closed the deal on Sale, he acquired his relief set-up man in Tyler Thornburg and his first baseman in Mitch Moreland.

“We feel good. We feel like we have a better ball club. We feel like we really helped ourselves,” he said after that epic day.

Don't bet, however, that Dombrowski has closed the door on other future trades in the next few weeks.



Chris Sale photo courtesy Boston Red Sox

SPORTS QUIZ

- Entering 2016, who are the only three players to have won the following awards: a Gold Glove, a Silver Slugger and a Cy Young?
- When was the last time before 2015 that the Houston Astros had two pitchers win at least 17 games apiece?
- Who was the first player in NFL history to have 1,000 receiving yards and 1,000 return yards in the same season?
- Maryland's Diamond Stone set a school record in 2015 for most points in a game by a freshman men's basketball player (39). Who had held the mark?
- NHL legend Gordie Howe was a member of the famed "Production Line" starting in 1947. Name the two other Hall of Fame members of the original trio.
- When was the last time before 2016 that Romania failed to medal in women's gymnastics at the Olympics?
- In 2016, golfer Andrew Landry set a record for the lowest opening-round score (66) at a U.S. Open played at Oakmont (Pa.). Who had held the record?

ANSWERS

1. Zack Greinke, Orel Hershiser and Fernando Valenzuela. 2. In 2005, Andy Pettitte won 17 games and Roy Oswalt won 20. 3. Antonio Brown of the Pittsburgh Steelers, in 2011. 4. Joe Smith, with 33 points in 1993. 5. Ted Lindsay and Sid Abel. 6. It was 1972. 7. Ben Hogan (1953) and Gary Player ('73) each shot a 67.

SANIBEL 8-BALL POOL LEAGUE 2016-17 Standings through December 12			
Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	133	67
Second	Sandycappers	91	109
Third	Fresh Legion Crew	89	111
Fourth	Sanibel Café	87	113

December 12 Results			
Bunt's Ball Busters	13	Sandycappers	7
Fresh Legion Crew	11	Sanibel Cafe	9

Sanibel 8-Ball Pool League

Busters Pull Away

Twenty shooters played in four Sanibel 8-Ball Pool League matches on Monday, December 12. Nineteen were guys and one was a gal. Only one guy produced a 4-0 win over his opponent but the one gal that played did the same. No matter how you figure it, that's 100 percent of the gals competing who turned in a perfect score. The super 4-0 gal shooter, Becky Skog, led her Fresh Legion Crew team to an 11-9 victory over Sanibel Café. Her 0-4 victim was Randy Carson. Jimbo Gaubatz helped the losers with his 4-0 thumping of Kip Buntrock. Doc Lubinski also helped the Fresh Legion Crew with his 3-1 effort against Matt Hall.

The Crew took over third place as a result of its efforts for the night.

Mike DeWitt, Terry Ricotta and Noah Smith racked up 3-1 victories against Jeff Brown, John Reigert, and Kevin Pottorf to lead Bunt's Ball Busters to a 13-7 win over Sandycappers. John Bates and Jack Cunningham were top shooters for the losing team with two wins each.

Highlights of the night: Dave Doane's two cross side shots to set himself up for his winning cross side shot on the 8-ball; Rich McCurry's four missed shots on the 8-ball before finally dropping Gator Gates; Matt Hall making a corner cut shot on the 8-ball for his only win of the night (he usually misses this shot); and Becky Skog's masterful long shots to gain her four victories.

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Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

The Center 4 Life will be closed for the Christmas holiday Monday, December 26 and the New Year's holiday, January 2.

Naples Botanical Gardens – Tuesday, January 3. Cost is \$22 for members and \$32 for non-members.

Naples Botanical Gardens continues connecting people with plants by conserving and researching the biological diversity of their collections and ecosystems. The private tour will inspire attendees to value plants, gardens and natural habitats. Lunch is on your own at the popular Fogg Café, then stroll the gardens on your own. Carpooling available. Advance registration required by Wednesday, December 28.

Morikami Museum and Japanese Gardens Private Tour – Tuesday, January 10, Cost is \$48 for members and \$58 for non-members.

Take an in-depth look at the current exhibits (including the Origami exhibit) in the museum galleries, the Seishinan Tea House, the Donald B. Gordon Memorial Library, as well as a brief introduction of the gardens. After the private tour, lunch is on your own at the Morikami's Cornell Café. After lunch, tour Rojien: The Garden of the Drops

of Dew. Round trip transportation is included. Limited to 30 participants, first come, first served. Advanced registration is required by January 3.

Rosy Tomorrows Heritage Farms Tour and Lunch – Wednesday, January 25. Cost is \$25 for members and \$35 for non-members.

This is a repeat favorite of a casual farm walking tour where you can see the free range animals and learn more about the organic and holistic methods used at Rosy Tomorrows Farm. The pre fix lunch is all fresh from the farm and prepared by the head chef and staff. You will also have the opportunity to purchase organically grown produce, organically raised and pastured meats, and prepared foods. Carpooling is available. Advance registration required by Friday, January 20.

Edison Ford Winter Estates Inside the Homes Tour and River Cruise – Monday, January 30. Cost is \$67 for members and \$72 for non-members.

Begin the adventure with a scenic river cruise, narrated by a knowledgeable captain and docent. Lunch is on your own at Pinchers Restaurant, located on the Caloosahatchee. After lunch, take a tour inside the homes, where you will step back in time and imagine Fort Myers as it was for Thomas Edison. Discover how Edison lived, studied, dined and entertained in this behind-the-scenes tour. Advance registration is required by Friday, January 27. Limited to 20 participants, first come, first served.

Learn to Play Mahjongg with Katie Reid – January 23 to 27, 9:30 a.m. to 12:30 p.m. Cost is \$15 for members and \$30 for non-members.

Class is limited to four or eight students (to fill a table to practice). You must be able to attend all five classes. All supplies are provided. Register in advance.

Learn to Play Bridge with Christl and Bruce Smith – January 30, February 1, 6 and 8, 9 to 11:30 a.m. Cost is \$20 for members and \$35 for non-members.

Class is limited to eight students and you must be able to attend all four classes. Register in advance.

Games
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Bridge – Monday and Wednesday, register by 12 p.m. Game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at 12:30 p.m.

New Game: Hearts – Friday at 1 p.m.

New Game: BINGO – Friday, January 27 at 1 p.m.

Tuesday Kayaking – December 20 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Line Dancing Classes – Tuesday,

December 20 at 12:30 p.m. Cost is \$5 for members and \$8 for non-members.

The instructor will review dance steps then turn up the music so you can dance. Bring a friend. Call to register.

Fitness Classes
Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Instructors are Grace Elston and Connie DeCicco.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.*



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Rec Center Youth Holiday Camp

Chill out with your friends and neighbors at the Sanibel Recreation Center for some frosty fun during this year's winter break. Highlights include on-island field trips, inflatables, crafts, games and a variety of frozen holiday treats.

The schedule will consist of two four-day weeks of Holiday Camp. This year's Holiday Camp will be held Tuesday, December 27 through Friday, December 30 and Tuesday, January 3 through Friday, January 6, with no camp on December 26 and January 2.

Holiday Camp will operate from 8 a.m. to 5:30 p.m. Enrollment is available for children in kindergarten through eighth grade. Campers should pack a swimsuit and towel. Each child will need to bring his or her own lunch for the day. Register in advance and receive the "early bird" rate. For more information, contact the Recreation Department at 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, visit www.mysanibel.com.*

Date	Program	Early Bird Rate	After Early Bird Rate
December 27 – December 30	Holiday Camp	Member: \$129 Non-Member \$167 (registration by December 20)	Member: \$153 Non-Member: \$201 (registration on or after December 21)
January 3 – January 6	Holiday Camp	Member: \$129 Non-Member \$167 (registration by December 27)	Member: \$153 Non-Member: \$201 (registration on or after December 28)

Our email address is press@islandsunnews.com

dearRPharmacist

How To Help Parkinson's And Diabetes



by Suzy Cohen, RPh

Dear Readers: When you think of Parkinson's disease, you probably think of it as a progressive disorder affecting movement and causing tremors of the hands,

arms, legs, jaw and elsewhere. The condition causes movements to be slowed, and a sensation of rigidity and stiffness of the limbs and trunk. Balance can be impacted too. A related condition of Lewy Body Disease may look very similar to Parkinson's but doesn't have to show up with tremors. The cognitive fluctuations are hallmark to both disorders.

The one thing they have in common is the issue with dopamine. There's some kind of malfunction associated with either the production of dopamine or the transport of this "passion

hormone" across the synapse... or maybe suppressed "receptor sensitivity," meaning the dopamine is there but it doesn't get hugged into the cell. This is known as post-synaptic D2 receptor down-regulation. It can happen to people who do not have Parkinson's, for example, those afflicted by withdrawal symptoms from hydrocodone, or kids who took methylphenidate. When SPECHT studies were conducted in children on ADHD stimulants, researchers concluded that their D2 (dopamine) receptors were destroyed. They had a maximum of 20 percent functional ability, and this was published in *Neuropediatrics* in 2003.

I want to keep my article simple today because what I have to tell you is rather exciting. It's about a diabetes drug that's in Phase 2 studies (MSDC-0160). It's not named yet. The emerging research suggests its role in Parkinson's could be even more profound. It's not due to balancing blood sugar either, it's because this diabetes agent improves mitochondrial function. Your mitochondria are the organelles that produce energy for you. They help you make ATP. So this diabetes drug belongs to the category of "Mitochondrial Target of Thiazolidinediones" modulators or mTOT for short. The mTOT drugs make your body more sensitive to insulin. They are insulin sensitizers.

are giving you pause.

2. Take a flashlight and shine the light around the areas of your knees needing attention. You can actually shine the light directly on that area, making space and giving relief.

3. On the back of the knees are neurovascular points, associated with the emotion of frustration, anger and not getting needs met. You can do one knee at a time or both at the same time, depending on your dexterity. Place the back of your palm against the back of your knee. Hold for several seconds. Flip your hands over and place the palm of your hand against the back of the knee for several seconds. Continue flipping back and forth until you begin to experience relief. This action helps shift the polarity of these points on the back of the knees.

4. Make figure 8s over the area of the knees that are troubling.

5. Place one hand, palm down, above the area that creates discomfort and the other palm below, and just sit with hands in that position until relief begins. This approach gets the energy moving through the area.

While doing all or any of the above as often as needed, reflect on how to change the habits in your life that will enable you to feel cared for. And then enjoy the holidays, thinking of that special someone who can't wait to spin you on the dance floor and whisper in your ear.

Have fun with your energy. Next week's topic is Veteran PTSD reduced with Figure 8s around the eyes.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✧

Forget insulin for a minute. The novelty of mTOT drugs is really about energy. If you can improve mitochondrial function in brain cells, you then restore the cells' ability to convert basic nutrients into energy. Consequently, the cells' ability to handle potentially harmful proteins is normalized, which leads to reduced inflammation and reduced death and dysfunction of the neurons. This may help Alzheimer's, Parkinson's disease, Lewy body dementia and other types of cognitive decline. When I worked in Florida nursing homes for seven years, we saw a lot of this and we had very few tools to use. We had levodopa, a drug from the 70s that's still used today, but ramping up dopamine

isn't the cure. Side effects are disturbing.

If this topic is of interest, I have written a more comprehensive version and I'll email it to you when you sign up for my free newsletter at my website, suzycohen.com. Before I leave you, one more thing. Your gut microbiome matters, so consider high-quality probiotics. There is a direct connection between the microbiome and Parkinson's and other neurological disorders, including Autism.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✧

Coalition Observes Homeless Persons' Memorial Day

As a tribute to at least 20 homeless individuals who have lost their lives while living on the streets or in shelters in Lee County this year, the Lee County Homeless Coalition will host its 20th annual Candlelight Vigil on Wednesday, December 21 at 6 p.m.

The community is encouraged to gather on the steps of the Old Lee County Courthouse, located at 2120 Main Street in Fort Myers, to mourn those who have passed. The memorial is also intended to educate and inspire the public to support the community's need for more affordable housing, shelters, living wages and accessible health care.

The vigil will include remarks by Lee County Homeless Coalition representatives Janet Bartos, executive director, and William Rodriguez, board chair. An opening prayer will be presented by Rev. Philip D. Read II of St. Luke's Episcopal Church. Taps will be performed by Harvey Charter and Cdr. Victor Paul Tuchman, Post 400 Jewish War veterans. Music will be provided by St. Luke's Episcopal Church Choir.

To learn more, call Bartos at 322-6600 or visit www.leehomeless.org.✧

Eden Energy Medicine

Knee Issues: What Needs Are Not Being Met?



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Holidays are coming and you feel pushed to get preparations for festivities, gifts, meals, entertaining and decorating

under way. The list goes on and on. This is just one example of directing attention to others and away from caring for yourself. Or do you feel you are taking care of others and you are receiving little in return? Do your knees throb at the end of the day? Are they sore to the touch? Is it painful to walk? Do they feel as if there is a knife cutting into them? If so, consider if you are finding time for taking care of yourself or letting others help you. Why? Because when you have knee issues, it is directly reflective, energetically, of a sense of not having your basic needs met.

EEM to the rescue with a number of quick suggestions that may help the knee discomfort:

1. Under Chinese medicine, from the ground to the knee, the energy is associated with the Earth. So, grounding becomes paramount. Earth energy needs to be pulled in from the Earth through those K 1 points. Break out the spoon and make figure 8s on the bottom of the feet. Then take the spoon and make figure 8s with it around the area on the knees that

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Bank Appoints Mortgage Coordinator

Aimy Vandenbrink has joined Sanibel Captiva Community Bank (SCCB) as a residential mortgage coordinator at the main office branch on Sanibel. She will assist with residential loan applications, including conventional, condominium and construction loan support.

A Sanibel resident for more than five years, she attended the University of Toronto in Canada.✽



Aimy Vandenbrink photo courtesy SCCB

Energy Medicine Workshop For Immune System

Karen L. Semmelman, director of Semmelman Energy Center on Sanibel, attended a recent workshop in Tampa on energy medicine for healthy living entitled Energy Mastery for the Immune System. The three-day workshop was designed to enable energy medicine practitioners to enhance their skills in assisting clients with immune issues, including auto-immune issues such as rheumatoid arthritis, celiac disease, Addison's disease, Crohn's disease, colitis, hepatitis, cirrhosis of liver, lupus, type 1 diabetes, asthma, Sjogren syndrome, sclerosis, alopecia, psoriasis and many others.

Semmelman explained the profound benefit from applying energy tools in assisting clients with immune issues or auto-immune conditions, together with other stress-related illnesses. According to the American Institute of Stress, 75 to 90 percent of visits to primary physicians are related to stress and conditions that are

manifested by stress. Although the focus of the workshop was on immune health and techniques, the reality is that many energy tools benefit many other conditions as well. Workshop topics included working with the aura, the first line of defense for a healthy immune system. When ill, the aura collapses to protect and aid in healing. But if chronic illness continues, the aura gets "stuck" in patterns that need shifting. Energy medicine allows alternative treatments and approaches that exist by understanding and addressing the interface between the thymus gland and other organs of the body and how to activate energetic connections to restore balance as well as understanding the impact of microbiomes on the systems, how to test for weakness and tools to shift imbalances and detecting auto-immune issues and tools to shift the energy associated with the condition.

Semmelman is an advanced practitioner in Eden Energy Medicine (EEM). She writes a weekly column for the *Island Sun* newspaper, presents numerous workshops and seminars on EEM and engages in a private energy practice in both Sanibel and Boston.

For more information, visit www.semmelmanenergy.com.✽

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I have a friend who is full of fear. How can I help her overcome her fears?

A: You may have heard the famous quote by Franklin Delano Roosevelt: "We have nothing to fear but fear itself." Fear is a very normal human emotion. If we can remember that at any given moment, we have a choice to come from love or fear. Yes, easier said than done.

Some basic human fears include: fear of failure, fear of success, fear of rejection, fear of abandonment, fear of the unknown, fear of dying, fear of isolation, fear of loss of self-control. Many of these basic fears are very closely related. Some fears may control and dominate our entire way of thinking. Fear is also related to our

level of self-esteem. When we don't like ourselves, we tend to focus on fears and lack of a sense of who we are.

You may want to help your friend by asking some of the following questions:

- Are your fears connected to your stress in life? Why do you suppose that is the case?
- How do you cope with your fears? Do you wait for them to disappear? Look at some coping techniques such as reframing negative self-talk to positive self-talk and beliefs.
- What are some practical ways that will help you deal with some of these major fears? I always go back to the wholeness of one's self, mind, body, spirit and emotions. Examine each one of those aspects of the human condition and ask your friend where her strengths and non-strengths lie.

It's learning to find balance in life and enhancing a sense of self. This will help overcome those basic fears we all have from time to time.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.✽

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

Years ago as children, my sister and I heard our parents say, "Don't ever put me in a nursing home," or what is now called an assisted living facility.

Times change, living conditions change and longevity changes, as does health and families and maybe most of all costs and financial resources change.

How do you suggest we get out of this one?

Helen

Dear Helen,

No one should ever be made to

promise that they would never do something because you never know what is your fate down the road. For many people who did promise never to do something, there is positively no other option, or destroy their own or their family's life.

Your parents expressed their opinion at the time, not knowing what would happen down the road. I feel that you are caring for your family and what ever you decide will be the proper choice.

Lizzie

Dear Helen,

Assisted living communities are not today's skilled nursing facilities. Assisted living communities are apartments with social and some medical support. The social support includes scheduled activities, meals and transportation. The medical support includes medication, administration and various other activities depending on the county standards. Nursing homes are still nursing homes, designed for individuals needing skilled nursing care.

Whether assisted living or nursing homes, it is a difficult transition for an individual to leave one's own home. Sometimes, unfortunately, individuals cannot continue to live safely in their own home.

It is difficult to make promises about the future when we do not know what the future will hold. I know this time in any families' journey is difficult, and you will make the best decisions.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✽

Doctor and Dietician High Protein Dessert Ideas



by Ross Hauser, MD and Marion Hauser, MS, RD

Don't let family gatherings or office parties get you sidetracked with eating excessive amounts of sugar, sweets and carbs. Temptations lurk around every corner this time of year, especially in the form of desserts and sweets. The best thing for you to do is to say "no thank you" to the desserts, but if you can't, plan ahead by offering to bring your own dessert to share. It's time to get creative and get cooking.

Here are some preferred ingredients ideas to use in your baking:

- Nuts, seeds and nut butters
- Butter, over margarine, and hydrogenated oils
- Oils such as coconut oil
- Unsweetened coconut flakes

- Cocoa powder
- Small bits of dark chocolate
- Higher fat dairy, i.e. cream, full fat yogurt and Greek yogurt
- Natural no-sugar sweeteners such as Stevia and xylitol instead of artificial sucralose and aspartame.

One of our all-time favorite, fast and easy desserts is roasted almonds sprinkled with cinnamon and a pinch of real sugar. Try roasting other nuts at home too. They are delicious right out of the oven, and much tastier than nuts out of a tub or bag. Such a nice little treat.

Another favorite is making peanut butter balls. Just make sure you use natural peanut butter (or almond or any other kind of nut) without added sugar. Ingredients should read "nuts and salt." It can be mixed with rolled oats, chocolate bits, flax seed and honey. Roll into balls and freeze to set- simple. You can add in other ingredients that you like, such as vanilla, chia seeds, hemp seeds, or even protein powder.

There are numerous recipes online for high protein desserts. Give them a try. Look for ingredients that are higher in fat and protein and lower in sugar and carbohydrates. Your body will thank you.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✽



Florida Oysters Rockefeller

36 oysters, shucked, on the half shell
 2 cups spinach, cooked and drained
 1/2 cup crispy bacon, crumbled
 1 cup mozzarella cheese
 1/2 cup Parmesan cheese, grated
 1 bell pepper, diced small
 2 tablespoons fresh parsley, chopped fine
 1/4 tablespoon hot pepper sauce
 1/2 cup panko breadcrumbs
 1 lemon, juiced
 4 lemons, quartered for garnish
 Sea salt and fresh ground pepper to taste
 Preheat oven on high broil.

In a medium-sized mixing bowl, combine spinach, bacon, mozzarella, Parmesan cheese, bell pepper, parsley, hot sauce and lemon juice. Stir ingredients to combine.

Taste spinach mixture and adjust seasoning with salt and pepper. Place 1 tablespoon or so of the spinach mixture on top of each half-shell oyster.

Place all stuffed oysters on a cookie sheet. Put the cookie sheet in the middle rack of the oven. Carefully watch the oysters under the broiler, and let them cook for several minutes until the oyster edges curl and the top of the stuffing is golden brown and bubbly.

Serve oysters over a bed of ice cream salt with lemon wedges.✱✱



Florida Oysters Rockefeller

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Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
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City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie ...	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club. ...	facebook.com/sancapshellclub 267-7291
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK

Della is a 2-year-old female American bulldog mix who is a bundle of joy. When she sees you, she will wag her whole body, not just her tail. She's happy to be with people or pets and loves playgroups with other dogs. Why not make this a most joyous holiday and bring home this beautiful girl?

Her adoption fee is \$75 (check Animal Services' website for December specials on select dogs).

Tanya is a 6-month-old female domestic short hair who is one smart little cat; she even has a degree in cuddling! She's a lovable girl who purrs to show how much she loves being touched. She's very attractive, with a beautiful black coat and yellow-hazel eyes. She will melt your heart.

Her adoption fee is \$10 (regularly \$50) during Animal Services' Home 4 The Holidays adoption promotion through December 30.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Della ID# 680926



Tanya ID# 675988

PAWS Of Sanibel

Abbey



Abbey

Abbey is currently living in a full house, filled with three dogs and a new baby. Since Abbey is the youngest of the three dogs, her mom and dad would like to find her a loving home. Abbey is 2-years-old, spayed and up to date on her shots. She is very sweet, affectionate and perfectly house trained.

Call Yolanda at PAWS of Sanibel at 691-4488 if you can help Abbey.*

PAWS Of Sanibel

Cassie Bell



Cassie Bell

This is Cassie Bell. She's a beautiful, fluffy, spayed female kitty, approximately one year old. She does not have a micro chip. She was picked up by the Sanibel Police the evening of the Luminary, Friday, December 2, at 800 Casa Ybel Road in front of Unit 7, not far from Bank of the Islands. She has been at Coral Vet since Saturday. She's been combo tested and had a rabies shot. She is an incredibly sweet little girl, and surely someone is really missing her. If she is your baby, you have any idea where she lives or know her people, call Pam @ PAWS, 472-4823. Thank you!*

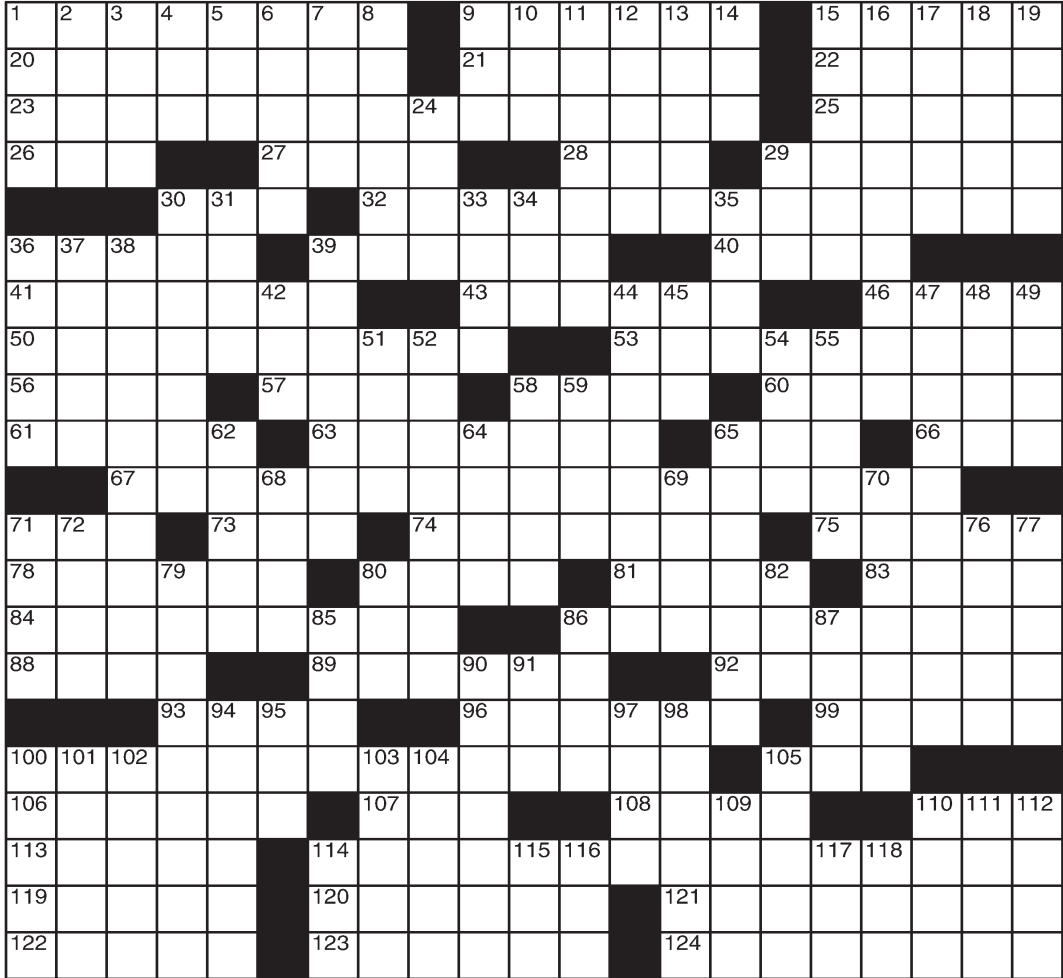
PUZZLES

Answers on page 29B

Super Crossword

AS THE SAVING GOES ...

- ACROSS**
- 1 Capital of Bosnia and Herzegovina
- 9 Super deals
- 15 Stage back-drop
- 20 Aired in installments
- 21 Martial arts instructor
- 22 City near Dallas
- 23 Focus applied when covering a surface with concrete?
- 25 Styx setting
- 26 Ill, to Italians
- 27 Jai —
- 28 Solo in sci-fi
- 29 Hanker for
- 30 Prefix for tax or charge
- 32 College between two hills?
- 36 Suggest
- 39 Puts forward as fact
- 40 Bakery decorator
- 41 Try to be like
- 43 "Pinball Wizard" band
- 46 Shrek is one
- 50 Great review from the wife of George Washington?
- 53 Scandi-navian king's lubricant?
- 56 Certain iPad
- 57 German coin
- 58 Harvest yield
- 60 Crooner Vic
- 61 Tailor, e.g.
- 63 Cut, as a 58-Across
- 65 Hitter Gehrig
- 66 Cause trouble to
- 67 Question to an animal doc at an amusement park?
- 71 Star, e.g.
- 73 "Illmatic" rapper
- 74 Drop-leaf table
- 75 Chief city of the Ruhr
- 78 Butlers
- 80 Ruby and scarlet
- 81 See 31-Down
- 83 Crooner Perry
- 84 Caesar's hail to a mariner?
- 86 Buck that's toiling away?
- 88 Enumeration
- 89 Loafer liner
- 92 Grand Slam tennis events
- 93 Completely engrossed
- 96 President before Bush
- 99 — -lance (pit viper variety)
- 100 Seamstress who was Adam's mate?
- 105 Downed
- 106 Italian cry at a dinner table
- 107 Canon — (camera line)
- 108 Caspian Sea feeder
- 110 "Attack, mutt!"
- 113 Not as young
- 114 Tennis great Rod who keeps every-one safe?
- 119 Pixar figures
- 120 "In this way"
- 121 1970s-90s carrier to Lima
- 122 Collagist Max
- 123 Positive responses
- 124 Eased up on
- DOWN**
- 1 Month after Aug.
- 2 On — with (equal to)
- 3 Paris' — Gauche
- 4 "— already said ..."
- 5 Actor Voight
- 6 First name of Poe
- 7 Perfumery bottle
- 8 6x9-inch book size
- 9 One-eighty from NNW
- 10 "X" amount
- 11 Psych up
- 12 Like a Thai
- 13 Téa on TV
- 14 Moral error
- 15 Ball
- 16 School unit
- 17 Arm bones
- 18 Nonreactive
- 19 Amble along
- 24 Aunts, in Baja
- 29 Month after Nov.
- 30 More briny
- 31 With 81-Across, Bee-hive State NCAA team
- 33 Lo-fat
- 34 Suffix of ordinals
- 35 Cello forerunner
- 36 "Byzantium" actress Arterton
- 37 AOL letter
- 38 Hip-hop DJ's equipment
- 39 Scrutinizes
- 42 — kwon do (martial art)
- 44 Carpenter's adhesive
- 45 Clued in
- 47 Is a little too proud of
- 48 Queen in a sari
- 49 Stunt master
- 51 Boot part
- 52 Sailors, say
- 54 Take too much of, for short
- 55 Member of an early-1900s art movement
- 58 Debt memos
- 59 Director Clair
- 62 "— -Cop" (1988 film)
- 64 Commercial on the tube
- 65 Olympic sled course
- 68 "How — to know?"
- 69 Celebration
- 70 Jailbreaker
- 71 Indy path
- 72 Shankar on the sitar
- 76 Edit, as text
- 77 Scandi-navian
- 79 Hormones in some replacement therapies
- 80 Harry Potter pal Weasley
- 82 Draft inits.
- 85 Its cap. is Vilnius
- 86 Kaput
- 87 Toss high up
- 90 Brother of Iphigenia
- 91 Director Ang
- 94 Something novel
- 95 Sch. org.
- 97 Supply that's too abundant
- 98 Operating skyward
- 100 Theatricalize
- 101 Courage
- 102 Finish with
- 103 Weird
- 104 Out-of-the-way corners
- 105 Bygone Olds
- 109 Bygone Chevy
- 110 Swedish film shooter
- 111 French noun suffix
- 112 Gunky stuff
- 114 Use skillfully
- 115 Ending for Brooklyn
- 116 Abbr. in trig
- 117 Part of L.A.
- 118 Lemur cousin



King Crossword

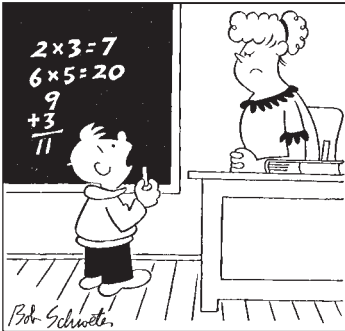
- ACROSS**
- 1 Smell
- 5 U.K. fliers
- 8 Teen's skin woe
- 12 One of the Three Bears
- 13 Conclusion
- 14 TV's Dr. McGraw
- 15 Mideast port
- 16 Wrestling hold
- 18 Tetanus
- 20 Lassoos
- 21 High tennis shot
- 22 Jewel
- 23 Jaunty topper
- 26 Samson's weapon against the Philistines
- 30 Altar affirma-tive
- 31 London fore-cast
- 32 Hive dweller
- 33 Arid
- 36 Playwright Henrik
- 38 Noon, in a way
- 39 High card
- 40 Squabble
- 43 Plaster-fiberboard mix
- 47 Home enter-tainment piece
- 49 Vicinity
- 50 Oodles
- 51 Billboards
- 52 One-named supermodel
- 53 Some ever-greens
- 54 Lad
- 55 Harp's cousin
- DOWN**
- 1 October birthstone
- 2 Pedestal part
- 3 Oil cartel
- 4 Irritate
- 5 Betty Ford Center pro-gram
- 6 From the start
- 7 Govt. Rx watchdog
- 8 Self-assurance
- 9 Hew
- 10 Pleasant
- 11 BPOE mem-bers
- 17 Sketched
- 19 Make margi-nalia
- 22 Choke
- 23 Lobster eat-er's aid
- 24 Tokyo's old name
- 25 Director Howard
- 26 Cohort of Whoopi and Sherri
- 27 Outdated, as a wd.
- 28 Born
- 29 Hollow ender
- 31 Calendar abbr.
- 34 Rejoices
- 35 God, in Grenoble
- 36 Aloof
- 37 Lament
- 39 Pretentious
- 40 Vacationing
- 41 Bronchial sound
- 42 Radiate
- 43 Prank
- 44 Host
- 45 Mad king of literature
- 46 Highway divi-sion
- 48 Arrest

MAGIC MAZE ● BAY OF —

E A X U R O L S J G D A X V S
P N K I F C A K E X V S Q O L
J H G E C A O X V L T R P N L
J H I F D K B K F B S Y X V T
R P B O G M C K I I W I G E D
B Z R N A U S S R X O W U T R
Q C A M P E C H E O R N S Y L
J B L I L A G F S L R D D C S
A A T P Y T N E L P A N N G Y
P L A G N E B X W V U H I T S
R N R P O N L K J F I P W G F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|---------|-----------|--------|--------|
| Arrows | Campeche | Isles | Puck |
| Bangkok | Fires | Naples | Whales |
| Bengal | Fundy | Palma | Winds |
| Biscay | Gibraltar | Plenty | |



"So what if my answers are all wrong —
when I grow up I'm going to be a
_____ forecaster!"
answer on page 27B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Shrewd
PRETUND _____

Awry
WAKES _____

Escort
SHURE _____

Emerge
PAPARE _____

TODAY'S WORD

1				8		9		
		9			3		6	
	4		7					5
		3	2		8			6
	6			9		5		
5			4				1	
	8				4			2
		4	3				8	
9				6		1		

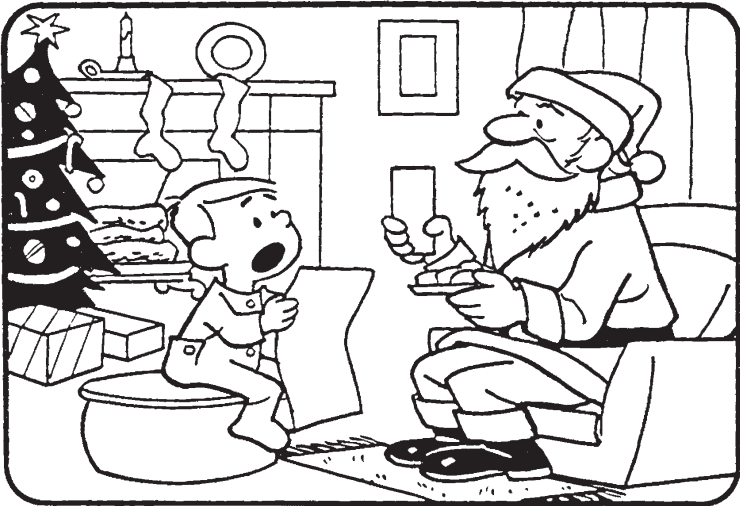
SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

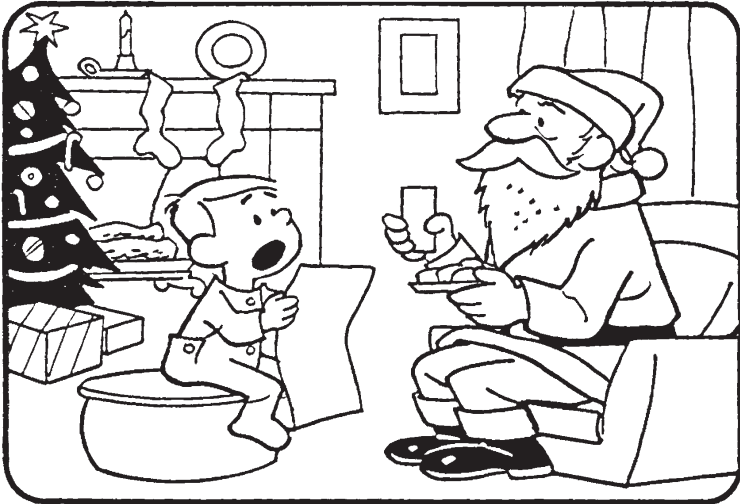
answer on page 29B

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Log is missing. 2. Box is smaller. 3. Stocking is reversed. 4. Glass is smaller. 5. Rug is missing. 6. Sleeve cuff is missing.

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LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

The Jacaranda has live entertainment Friday and Saturday with The Wildfire Band, playing classic rock and oldies. Loose Change plays contemporary, top 40 and dance on Sunday. On Monday, it's Renata. Wednesday is Jerry B. Variety Show, featuring Motown and classic hits. Sir Mitch plays classic rock, R&B and dance on Thursday.

The Mucky Duck on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday. Gene Federico performs on Saturday and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it's Perry English.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traditions on the Beach at Island Inn has live entertainment Friday with Woody Brubaker and Barbara Smith. Dusk Duo plays on Saturday. Mike Arnone plays on Monday and Thursday. Woody Brubaker plays on Wednesday.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.**

My Stars ★★★★★

FOR WEEK OF DECEMBER 19, 2016

ARIES (March 21 to April 19) I know, dear Lamb, that you don't like anyone trying to take charge of one of your projects, but try to be a bit more flexible. A new idea could help hasten a positive result.

TAURUS (April 20 to May 20) I'm sure, like the time-thrifty Taurus that you are, that you've done much of your holiday shopping. But don't relax yet. Wrap those gifts now to save yourself lots of unwanted pressure.

GEMINI (May 21 to June 20) Be receptive when a family member or friend asks to confide in you. Your positive reaction could ensure that he or she will have a happy holiday experience.

CANCER (June 21 to July 22) Don't be rushed into wrapping up that workplace problem. Consider leaving it until after the holidays. This way you'll have the facts you need to reach the right resolution.

LEO (July 23 to August 22) You'll get news that will make you glow brighter than the lights of the holiday season. Be sure to use what you learn both carefully and kindly, to avoid giving the wrong impression.

VIRGO (August 23 to September 22) That frayed relationship could be mended in time for the holidays if you were more flexible. Give a little, and you could get back a lot more than you imagined.

LIBRA (September 23 to October 22) Things might not seem to be settling down as quickly as you would prefer. But it might be just a little holiday time flutter. You'll soon get news that will lead to more stability.

SCORPIO (October 23 to November 21) Stop getting so involved in everyone's personal problems that you lose precious time with loved ones. Remember, even the Supreme Court closes for the holidays.

SAGITTARIUS (November 22 to December 21) All signs point to a bright holiday, with all of those pesky problems finally resolved in your favor. Share the good times with people you love and, of course, who love you.

CAPRICORN (December 22 to January 19) Your plans should not be set in stone and cemented over. Leave some openings in case you need to make changes. Spend the holidays with your nearest and dearest.

AQUARIUS (January 20 to February 18) Surprise! This holiday finds you on the receiving end of the generosity of those who are usually the recipients of so much that you give so freely and lovingly.

PISCES (February 19 to March 20) That piece of good news assures that you'll be swimming in clearer, calmer waters this holiday season. There might be a storm or two ahead, but you'll weather it all in fine style.

BORN THIS WEEK: You have a flair for seeing things as you'd like them to be, as well as a gift for turning your perceptions into reality.

THIS WEEK IN HISTORY

• On Dec. 22, 1808, Beethoven's Fifth Symphony premieres in Vienna, Austria, in a freezing venue. Two hours into the poorly played concert, Beethoven stopped the music and had the ensemble start again from the beginning.

• On Dec. 24, 1923, President Calvin Coolidge touches a button and lights up the first national Christmas tree to grace the White House grounds. The balsam fir was the first to be decorated with electric lights -- a strand of 2,500 red, white and green bulbs.

• On Dec. 21, 1970, Elvis Presley visits President Richard Nixon to offer his services in the government's war on drugs. Presley, who was apparently not searched at the gate, presented the president with a gift -- a World War II-era Colt .45 pistol.

• On Dec. 19, 1986, Michael Sergio, who parachuted into Game Six of the 1986 World Series at New York's Shea Stadium with a "Let's Go Mets" banner, is fined \$500 and sentenced to 100 hours of community service.

STRANGE BUT TRUE

• It was beloved American humorist and social commentator Will Rogers who made the following sage observation: "Too many people spend money they haven't earned, to buy things they don't want, to impress people they don't like."

• Those who study such things say that hyenas are more closely related to cats than to dogs.

• Police in Saudi Arabia have been instructed to arrest young men wearing tight jeans; the garments are considered to be immodest and un-Islamic.

• The Gottfried Krueger Brewing Company, founded in 1858 and based in Newark, New Jersey, has the distinction of producing the first beer in cans, back in January 1935.

THOUGHT FOR THE DAY

"A man is known by the company he keeps. A company is known by the men it keeps." -- Thomas J. Watson

SCRAMBLERS

solution

1. Prudent; 2. Askew;
3. Usher; 4. Appear

Today's Word
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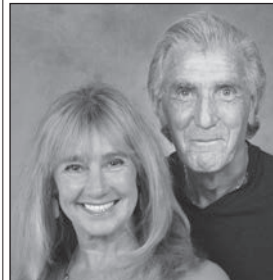
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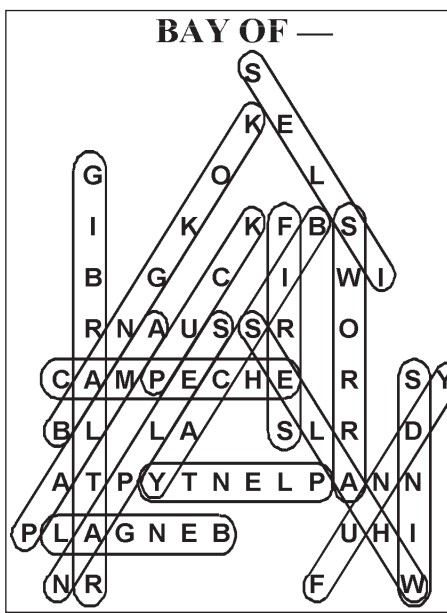
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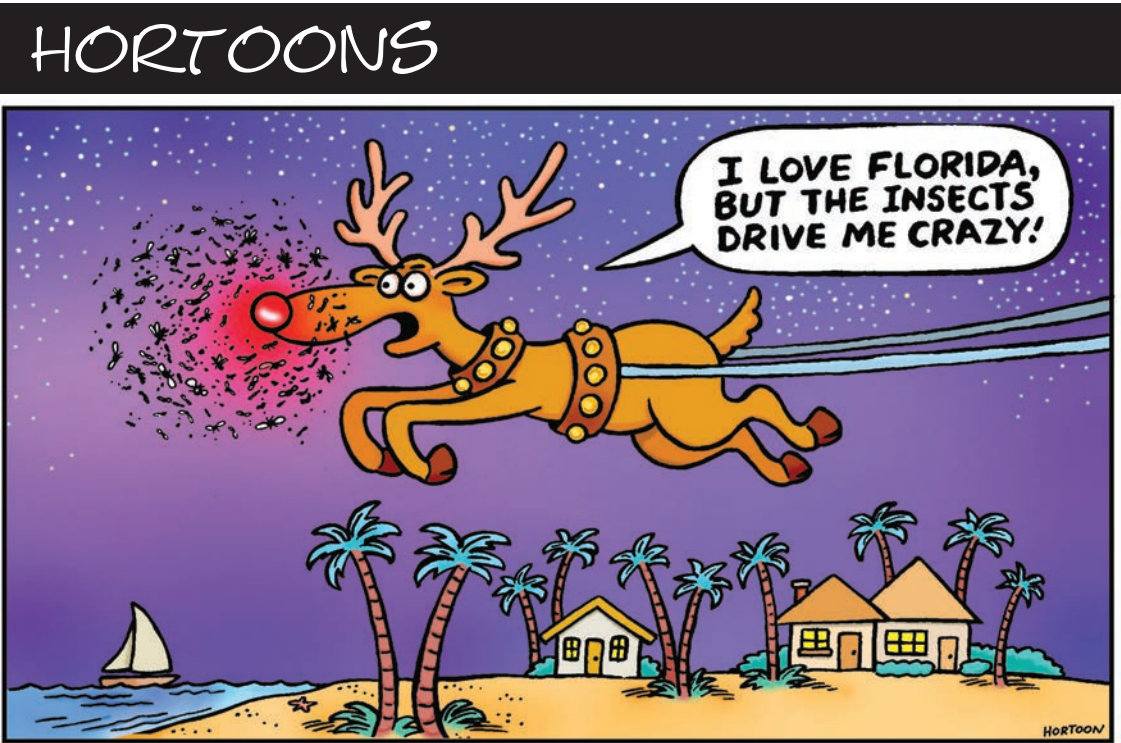
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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
South Seas Island Resort	Captiva	1990	4,578	\$6,299,000	\$5,803,500	261
South Seas Island Resort	Captiva	1976	3,405	\$3,500,000	\$3,450,000	335
Cape Coral	Cape Coral	2016	5,871	\$2,400,000	\$2,200,000	397
Carolands	Bonita Springs	2003	3,535	\$1,999,500	\$1,825,000	98
Laurel Oaks at West Bay Club	Estero	2007	5,071	\$1,849,900	\$1,750,000	0
Orchid Ridge	Estero	2002	4,000	\$1,499,000	\$1,450,000	19
Cape Coral	Cape Coral	2015	3,029	\$1,175,000	\$1,175,000	102
Sanibel Estates	Sanibel	1969	1,601	\$995,000	\$945,000	273
Cape Coral	Cape Coral	2007	3,794	\$949,000	\$930,000	260
Grande Estates	Estero	2006	3,404	\$925,000	\$825,000	83

Courtesy of Royal Shell Real Estate



537 Lake Murex Circle
Roomy near-beach 3+bedroom piling home with elevator, new kitchen, & nearby tennis court. \$949,000



2010 Sunrise Circle
Lakefront olde-Florida-style split plan 3 bedroom with addition that added 2 more bedrooms. \$799,000



533 Rabbit Road
Charming near-beach furnished home with rental bookings right through May. \$548,000



9441 Peaceful Drive
Next to conservation land - plenty of room on this double lot for building a pool & home. \$299,000



Coquina Beach #3G
Over 1400 sq. ft. in this near-beach 2nd floor unit with loft. Earning great income too. \$499,000



Cottage Colony West #136
Beach-front condo within Casa Ybel Resort with use of all amenities & guaranteed income. \$624,900



Gulf Beach #102
Updated beach-chic gulf-front 2 bedroom with income in 14-unit east-end complex. \$799,000



High Tide #C101
Residential luxury West Gulf Dr gulf-view condo. The unit encompasses an entire floor. \$1,195,000



Lighthouse Point #129
Easy-access 3 bedroom with view of bay & expanded living space from now-enclosed balcony. \$649,000



Loggerhead Cay #264
Gulf-view penthouse known as "Sanibel's Rainbow" & earning ~\$60K/year. \$598,300



Mariner Pointe #522
Boater's delight - 2nd floor 2 bedroom with view of bay & steps to dockage, pools, & more. \$449,000



Nutmeg Village #303
Top-floor 2 bedroom with view of gulf from every window. Open remodeled kitchen too. \$799,000



Pointe Santo #C34
With one of the best views in the complex, 3rd floor overlooking lagoon to gulf, income too. \$599,000



Sand Pointe #122
Gulf-view 2 bedroom with updated kitchen, baths, & years of excellent weekly rental income. \$724,000



Sundial #P401
Top-floor corner 2 bedroom with den. Updated kitchen, baths, income, & more. \$899,000



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